

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
<p><b>Billiards/Snooker</b> 9:00 am – 10:45 am</p> <p><b>Stretch &amp; Strength</b> 9:30 am – 10:30 am</p> <p><b>Line Dancing - Beginner - R</b> 10:45 am – 11:45 pm</p> <p><b>Independent Yoga</b> 11:00 am -12:00 pm</p> <p><b>Line Dancing - Absolute Beginner</b> 11:50 am – 12:50 pm</p> <p><b>Mahjong</b> 12:30 pm – 3:30 pm</p> <p><b>Pickle Ball – Beginner</b> 1:00 pm – 2:45 pm</p> <p><b>UVic Speakers Network: ‘What Stuff Is in Our Universe?’</b> **First Monday March 2 1:00 pm – 3:00pm</p> <p><b>Tech Hub</b> 1:30 pm – 3:30 pm</p>	<p><b>Billiards/Snooker</b> 9:00 am – 12:00 pm</p> <p><b>Fun and Fitness</b> 9:30 am – 10:30 am</p> <p><b>Hatha Yoga</b> 9:30 am – 10:30 am</p> <p><b>Sing Along</b> 11:00 am – 12:00 am</p> <p><b>Food Distribution - F</b> 11:00 am - until gone</p> <p><b>*New – Chess and Scrabble Social</b> 12:00 pm - 2:00 pm</p> <p><b>Writers Circle</b> 1:00 pm – 3:00 pm</p> <p><b>Knit and Crochet Club - F</b> 1:00 pm – 3:00 pm</p> <p><b>Pickle Ball – Practice and Play</b> 12:45 pm – 2:45 pm</p> <p><b>Afternoon - Stretch &amp; Strength</b> 3:00 pm – 4:00 pm</p> <p><b>Evening Stretch &amp; Strength</b> 5:30 pm – 6:30 pm</p>	<p><b>Stretch &amp; Strength</b> 9:30 am - 10:30 am</p> <p><b>Friendly Bridge</b> 9:30 am – 12:00 pm</p> <p><b>Pickle Ball – Intermediate</b> 10:45 am – 12:30 pm</p> <p><b>Belly Dancing</b> 11:00 am – 12:00 pm</p> <p><b>Canasta</b> 12:30 pm – 3:30 pm</p> <p><b>Line Dancing – Intermediate - R</b> 12:45 pm – 2:00 pm</p> <p><b>*New – Coffee with Cops</b> 1:30 am – 2:30 pm *First Wednesday: March 4</p> <p><b>Emily Carr’s Life &amp; Art</b> **Rental-March 11, 2026 (\$20) ** 1:30 pm – 3:00 pm</p> <p><b>Cribbage</b> 1:00 pm – 3:30 pm</p> <p><b>Line Dancing – Beginner Plus - R</b> 2:15 pm – 3:15 pm</p>	<p><b>Billiards/Snooker</b> 9:00 am – 10:45 am</p> <p><b>Fun and Fitness</b> 9:30 am – 10:30 am</p> <p><b>Somatic Chair Yoga</b> 9:15 am – 10:15 am</p> <p><b>Joy of Art</b> 9:30 am – 1:30 pm</p> <p><b>Current Affairs</b> 10:00 am – 11:30 am</p> <p><b>Tai Chi - Beginner</b> 10:30 am – 11:30 am</p> <p><b>Independent Yoga</b> 11:00 am – 11:45 am</p> <p><b>Tai Chi – Intermediate</b> 11:30 am – 12:30 pm</p> <p><b>Meals, AcharNChutney &amp; Alunt</b> 11:00pm-2:30pm/ 12.00pm-2.00pm</p> <p><b>Canasta</b> 12:30 pm – 3:30 pm</p> <p><b>Pickle Ball – Practice and Play</b> 12:45 pm – 2:45 pm</p> <p><b>Gather to Learn and Share</b> 2:00 pm – 3:00 pm</p> <p><b>Afternoon - Stretch &amp; Strength</b> 3:00 pm – 4:00 pm</p> <p><b>Evening Stretch &amp; Strength</b> 5:30 pm – 6:30 pm</p>	<p><b>Billiards/Snooker</b> 9:00 am – 12:00 pm</p> <p><b>Stretch &amp; Strength</b> 9:30 am - 10:30 am</p> <p><b>English Corner - F</b> 9:30 am – 11:00 am</p> <p><b>Food Distribution - F</b> 11:00 am – until gone</p> <p><b>Qi Gong</b> 11:00 am - 12:00 pm</p> <p><b>International Women’s Day</b> *Friday, March 6 11:15 am – 12:45 pm</p> <p><b>Ping Pong</b> 11:45 am – 1:15pm</p> <p><b>Art and Wellness</b> 1:00 pm - 3:30 pm</p> <p><b>*New Documentary Discoveries</b> **March 6, 13 ** 1:00 pm – 3:00 pm</p> <p><b>Friendly Bridge</b> 1:00 pm – 3:15 pm</p> <p><b>Gentle Yoga</b> 1:30 pm - 2:30 pm</p>	<p><b>Billiards/Snooker</b> 9:30 am – 12:00 pm</p> <p><b>Music Workshops</b> **Rental - March 7, 14, \$195 for 4 classes Beginner Ukelele 10:00 am – 11:00 am Intermediate Ukelele 11:15 am – 12:15 pm</p> <p><b>Pickle Ball – Intermediate</b> 10:30 am – 12:30 pm</p> <p><b>Seated Dancing</b> 11:00 am -11:30 am</p> <p><b>Board Game Afternoon</b> 12:00 pm - 3:00 pm</p> <p><b>Movie of the week</b> 1:00 pm – 3:00 pm</p> <p><b>Cribbage</b> 1:00 pm – 3:00 pm</p> <p><b>OM Chanting Circles</b> **Rental – March 14, 28** 2:00 pm – 3:00 pm</p>

SPECIAL EVENTS/WORKSHOPS & PROGRAM UPDATES	RENTAL EVENTS/PROGRAMS	DOCUMENTARIES OF THE MONTH	SATURDAY MOVIES	INDEX & RATES	CLOSURES & CANCELLATIONS
<p><b>**New Programs:</b></p> <ul style="list-style-type: none"> <li>Documentary Discoveries Fridays 1:00 pm – 2:30 pm</li> <li>Chess and Scrabble Social Tuesdays 12:00 pm – 2:00 pm</li> <li>*New – Coffee with Cops 1:30 am – 2:30 pm First Wednesday: March 4</li> </ul> <p><b>SPECIAL EVENTS:</b></p> <ul style="list-style-type: none"> <li>International Women’s Day Friday, March 6 11:15 am – 12:45 pm</li> </ul> <p><b>WORKSHOPS - F:</b></p> <ul style="list-style-type: none"> <li>Digital Bridge Society: Digital Basics and Online Safety – R &amp; F Saturday, March 7, 14, 21 10:00 am – 11:30 am</li> <li>Wills and Estates Monday, March 9: 1:00 - 2:30 pm</li> <li>Sleep Better: Simple Ways to Improve Your Sleep Wednesday, March 18 1:00 pm – 2:00 pm</li> <li>Learn the Language of Dreams Mondays, March 2, 9, 16, 23, 30 10:00 am – 11:30 am</li> <li>Nurse Next Door Wednesday, March 25<sup>th</sup> 1:00 pm – 2:30 pm</li> <li>Balfour Friends Foundation Saturday, March 28 12:00 pm – 12:30 pm</li> </ul>	<ul style="list-style-type: none"> <li><b>AcharNChutney Pop-Ups</b> Heat &amp; Eat   Fresh   Frozen Heat n Eat: Kebabs, Nihari &amp; more Desserts, Jams &amp; Bhel Thursdays: March 5 &amp; 19 (12:00 pm – 2:00 pm)</li> <li><b>Alunt Lunch Service</b> Healthy Meals &amp; Nutrition Services Thursdays – March 12 11:00 am – 2:30 pm To pre-order, visit, <a href="http://www.alunt.ca">www.alunt.ca</a></li> <li><b>Emily Carr’s Life &amp; Art</b> Presentation by Marilyn Jones Wednesday, March 11 1:30 pm – 3:00 pm Rate: \$20, Tickets will be available at door.</li> <li><b>Ukulele Workshops</b> Unlock the magic of music with Jessica Benini. Ukulele Workshops are now open for registration! Limited Space! To register email <a href="mailto:jessicabenini@gmail.com">jessicabenini@gmail.com</a> <a href="http://www.jessicabenini.com/workshops">www.jessicabenini.com/workshops</a> Saturdays – March 7, 14 Beginner Ukelele   Intermediate Ukelele 10:00 – 11:00 am   11:15 – 12:15 pm</li> <li><b>OM Chanting Circles – R &amp; F</b> Saturday, March 14, 28 (2:00 pm – 3:00 pm) To register email <a href="mailto:alix.legond@gmail.com">alix.legond@gmail.com</a></li> </ul> <p>Please note all members are welcome to join these programs but registration is required through the renter. For more info, please reach out to <a href="mailto:Faria Ananya">Faria Ananya</a>, Rental Coordinator T: 778-405-2415 E: <a href="mailto:coordinator@csvac.ca">coordinator@csvac.ca</a></p>	<ul style="list-style-type: none"> <li><b>My Octopus Teacher (2020)</b> Friday, March 6 1:00 – 2:30 pm <i>A peaceful yet captivating journey beneath the waves, exploring the surprising bond between a man and one of the ocean's most mysterious creatures.</i></li> <li><b>Sunday Best (2025)</b> Friday, March 13 1:00 – 2:30 pm <i>A soulful documentary celebrating Ed Sullivan’s legacy and his role in bringing iconic artists like Stevie Wonder and The Supremes to the world.</i></li> <li><b>No documentary on March 20 and 27</b> due to scheduling conflicts</li> </ul>	<ul style="list-style-type: none"> <li><b>Hidden Figures (2017)</b> Saturday, March 7 1:00 pm – 3:10 pm <i>The inspiring true story of brilliant female mathematicians whose vital calculations powered NASA's first successful space missions.</i></li> <li><b>Greyhound (2020)</b> Saturday, March 14 1:00 pm – 2:45 pm <i>A tense WWII thriller following a naval commander’s first mission to protect a massive convoy from submarine attacks in the North Atlantic.</i></li> <li><b>Don’t Look Up (2021)</b> Saturday, March 21 1:00 pm – 3:00 pm <i>The bad news: A huge freaking comet is on a collision course with Earth. The really bad news: No one cares.</i></li> <li><b>Miracles from Heaven (2016)</b> Saturday, March 28 1:00pm – 3:00pm <i>When her daughter is diagnosed with a terminal illness, devout mom Christy suffers a crisis of faith as she fights desperately to save her little girl.</i></li> </ul>	<p>R: Registration Required, No drop-in</p> <p>F: Free</p> <p><b>Stretch and Strength, Fun and Fitness, Belly Dancing:</b> \$5 Member \$10 General</p> <p><b>Tai Chi, Somatic Chair Yoga, Gentle Yoga, &amp; Line Dancing:</b> \$8 Member \$16 General</p> <p><b>Movies/Documentaries: \$3</b></p> <p><b>All other programs:</b> \$2 Member \$4 General</p>	<p><b>CLOSURES:</b></p> <p><b>CANCELLATIONS:</b></p> <ul style="list-style-type: none"> <li>French Conversation Circle is cancelled indefinitely</li> <li>Crokinole is cancelled indefinitely (come try the new Chess and Scrabble Social instead)</li> <li>Seated Dancing is cancelled on March 7</li> <li>Tech Hub is cancelled on March 16, 23, 30</li> <li>Documentary screening is cancelled on March 20 and 27</li> <li>All Stretch and Strength and Fun and Fitness classes will be with a virtual instructor on March 19 and 20</li> <li>Evening Stretch and Strength is cancelled on March 19</li> <li>Ping Pong and Stretch and Strength cancelled March 27</li> </ul>