



The Yoga Sanctuary

112 Sullivan Street | Punta Gorda, FL | 941.505.YOGA (9642)



New Pricing Schedule at The Yoga Sanctuary

At The Yoga Sanctuary, we're passionate about providing you and our community with a warm and safe environment where you can develop the skills to bring your yoga practice into your daily life. Over these past couple of years, we've seen the real effects of bringing our yoga off the mat. We've learned just how important community—and connection—is. We've strived to keep things consistent and accessible and are eternally grateful for all your support.

As you may or may not be aware, over the past 5 years, we have not increased our pricing on services, while our overhead costs have continued to inch higher. As we prepare for the months ahead, it's been imperative that we revisit

these costs to ensure our ability to continue providing the high-quality service and teaching that you're accustomed to receiving. You will also notice that we've fully committed to continuing our online classes with a specific ONLINE ONLY class pricing option: drop in for a single class at \$15 or commit to your practice with an ONLINE ONLY unlimited auto-renew option of \$98 a month. All other pricing includes both ONLINE & IN STUDIO class options.

As of July 1st, The Yoga Sanctuary pricing will be adjusted as follows:

YOGA CLASSES

- Drop-in class: \$20
- 5 class package: \$80 (\$16 per class)
- 10 class package: \$145 (\$14.50 per class)
- Single unlimited month: \$142
- Unlimited monthly-auto renew: \$120
- Unlimited annual: \$1,200
- Unlimited annual (family member): \$760

NEW OPTIONS

- ONLINE ONLY Drop-in class: \$15
- ONLINE ONLY Auto-renew membership: \$98

WELLNESS:

- Private yoga or massage: \$75
- Package of 5 wellness sessions: \$350 (\$70 a session)
- Package of 10 wellness sessions: \$650 (\$65 a session)

For our *current monthly auto-renew members*, these changes will go into effect with the October billing cycle.

Take advantage of our current prices:

1. Purchase a 5 or 10 class package *now* at our current pricing through July 1st.
2. Stock up by purchasing an extra package or two to take you all the way through the summer! (Pre-purchases are limited to 3 packages per client.)
3. Commit to the Monthly Auto-renew membership and take advantage of the current cost through your October billing cycle. Please **email** or call us at 941.505.YOGA (9642) to set up this option.
4. ***Best deal:*** Commit to a year of yoga at the current price!

As always, our memberships are still the best value available.

We are dedicated to continuing to provide you with the space, the serenity, and the earnestness of our teaching. If there is anything we can do for you, please don't hesitate to reach out.

With great peace and love,

Jennifer and The Yoga Sanctuary Team

[Purchase at Current Pricing Here](#)

[Online & In Studio Class Schedule](#)

**Curious about how to begin your yoga journey?
This package was created for you!**



New to Yoga Package
Scheduled at Your Convenience
\$124

To help make starting your yoga journey a little more comfortable, we've put together a package designed specifically for the New Yoga Student. This package includes a single one-on-one yoga session plus a 5-class package. In your one-on-one session, you will meet with a TYS teacher privately and discuss your needs and goals. Together you will then choose the group classes that work best for you!

[Email to Schedule!](#)

upcoming events



Divine Feminine Dance: Celebrating the Summer Solstice

Saturday, June 18th

12pm | \$40 | with Jennifer Loftus

Join us for this special event to celebrate the solstice and experience the joy of the Divine Feminine Dance. Come together with women in our community as we move our bodies to a variety of music in conscious guided motion. Designed to clear energy, these movements will help to open up space for more joy, freedom, and power in your body. No experience is necessary.

Dance with Jennifer!



Summer Solstice Meditation

Tuesday, June 21st

11:30am | \$20 | with Melissa Goodwin

Join us for a special Summer Solstice breath and meditation practice on impermanence, in which we will open our hearts and minds to acceptance, letting go, and being fully in the present. This event will be held both in-studio and online.

Sit with Melissa!

Online & In Studio Class Schedule

Do you have the patience to wait until your mud settles and the water is clear?
Can you remain unmoving until the right action arises by itself?

~ Lao tzu

The Yoga Sanctuary | 941.505.YOGA (9642) | www.theyogasanctuary.biz



The Yoga Sanctuary | 112 Sullivan Street, Punta Gorda, FL 33950