



# OUR LADY of MOUNT CARMEL CATHOLIC SCHOOL

*Grateful no matter what*

## September 2019 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day No School	3 Sloppy Joe Sandwich Roasted Red Potatoes Cantaloupe	4 Macaroni & Cheese Wheat Roll Green Beans Grapes	5 BOSCO Sticks Marinara Sauce Fresh Broccoli Pears	6 Pasta Alfredo Glazed Carrots Peaches <b>*Feast Day Cookie Day</b>
9 Waffle & Syrup Cup Potato Wedges Orange Wedges	10 Breaded Cheese Ravioli w/marinara Cucumber Slices Fresh Red Apple	11 Sweet & Sour Chicken Veggie Fried Rice Mandarin Oranges	12 Loaded Baked Potato Chili & topping bar Broccoli Banana	13 Grilled Cheese Sandwich Tomato Soup Carrots & Celery Sticks Fruit Cocktail <b>*Feast Day Cookie Day</b>
16 Baked Chicken Sandwich Potato Wedges Applesauce	17 Soft Beef Taco Mexi-Rice Tropical Fruit Salad	18 NO SCHOOL DIOCESAN TEACHER DAY	19 Cheeseburger Seasoned Peas Fresh Red Apple	20 French Toast Sticks w/syrup Tatar Tots Fresh Cantaloupe <b>*Feast Day Cookie Day</b>
23 Corn Dog Mixed Veggies Diced Pears	24 Pepperoni Pizza Mixed Green Salad Peaches	25 Walking Taco Corn Fruit Cocktail	26 Chicken Tenders Wheat Roll Dill Carrots Watermelon	27 Cheese Ravioli w/marinara Garlic Breadstick Fresh Broccoli Orange Wedges <b>*Feast Day Cookie Day</b>
30 Popcorn Chicken Roasted Gold Potatoes Grapes				