

Many fatal overdoses happen in public bathrooms.

CHECK YOUR BATHROOMS

Your actions could save a life.

Signs of an OD:

- Person is unresponsive
- Slow or no breathing
- Blue or gray lips/fingertips
- Death rattle
- "Air hunger"

What to do:

1. Call 911 immediately
 2. Do rescue breathing
 3. Administer Narcan
- *If you leave the person, put them in the recovery position

Recommended Safety Protocols

- Call 911 right away if someone is in trouble!
- Do regular bathroom checks (e.g., every 10 minutes).
- Ensure that someone on shift always has a master key/code to the bathroom.
- Regularly review Bathroom Safety Protocol with staff.
- Have Narcan on hand, and know how to use it.

For more info, or to schedule an Overdose Prevention & Narcan training, contact:

Cambridge Needle Exchange and Overdose Prevention Program

359 Green Street, Cambridge MA, 02139

Office: 617-599-0246 | Outreach: 617-735-5262

Mon, Tues, Wed, Fri 9 a.m. - 4 p.m. | Thurs 9 a.m. - 2 p.m.



OPEN

Overdose Prevention & Education Network

