# **Recovery Month 2022**





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Questions? Contact Kate Genthert- Siolek by email: kgenthert@chesco.org For Full Details visit StopODChesco.org/events	29	30	31 Overdose Awareness Day Pinwheel Displays @ Justice Center and GSC 6:30pm-8:00pm Night of Light	1	2	3
4	5	6	7 6:00pm-7:30pm Pathways to Recovery Virtual Event hosted by Be a Part of the Conversation	8	9	10
11	12	13	14 12:00pm-1:00pm PA Youth Survey (PAYS) Lunch and Learn	10:00am  Recovery Month  Proclamation in Chester County (Commissioner's Mtg)	16	17 PRO-ACT's Recovery Walks! Walk for Recovery Walk
18	19	20	21	6:30pm- 8:00pm Virtual Community Naloxone Training hosted by Chester County Hospital	23	24 4:05pm - National Recovery Day at the Phillies Baseball Game
25	26 2:00pm-3:30pm Community Naloxone Training hosted by Representative Sappey	27	28 12:00pm-1:00pm Voices of Recovery Panel hosted by Chester County Hospital	29	30	Save the Date for the Chester County Color 5K on October 8th @ the Chester Valley Trail in Exton!

#### International Overdose Awareness Day- August 31st

On this day, the County will be joining communities around the world in encouraging residents, businesses, and organizations to raise awareness of overdose, reduce the stigma surrounding overdoses and drug related deaths, remember the lives lost to overdose and acknowledge the grief felt by families and friends who have lost a loved one. Events include:

- August 31<sup>st</sup> To mark the occasion, 109 pinwheels will be displayed in front of the Chester County Justice Center located at 201 Market St, West Chester, PA 19380 and the Chester County Government Services Center (GSC) located at 601 Westtown Road, West Chester, Pa 19380 representing the 109 lives lost to overdose in Chester County in 2021.
- August 31<sup>st</sup>- Please join us for "Night of Light" held at the Historic Courthouse Steps in West Chester from 6:30pm-8:00pm. The evening will feature speakers, resource tables and a ceremony to remember the lives lost to substance use disorders and bring hope to those working toward long term recovery. For more information, click here.

Wednesday, September 7<sup>th</sup> – Pathways to Recovery: Accessing Treatment and Staying Connected Virtual Event, Register Here

6:00pm-7:30pm

Please join Be a Part of the Conversation for Pathways to Recovery, a virtual event. There is no universal "right way" to find and maintain recovery when struggling with a substance use disorder or dual diagnosis. Sometimes a few different paths are needed to find the right fit. Or engaging in a combination of programs might help to ensure lifelong recovery. Some of the pathways that will be explored include inpatient and outpatient therapy, 12 Step meetings, Recovery Dharma, SMART recovery, collegiate recovery programs, MAT (Medication Assisted Treatment), and sober active communities. This program is funded by the Chester County Department of Drug & Alcohol Services, in partnership with Penn Medicine Chester County Hospital.

Saturday, September 12th – National Recovery Day at the Phillies Game Citizens Bank Park, 1 Citizens Bank Way, Philadelphia, Pa 19148 4:05pm-End of Game

Enjoy a fun filled day of Phillies Baseball! Come see the Phillies take on the Colorado Rockies at home during Recovery Day at the Baseball Game! Tickets are \$15 each and include a donation towards recovery support services. Tickets are available for purchase <a href="here">here</a>.

# Thursday, September 15<sup>th</sup> – Commissioners Recognize September as National Recovery Month Commissioner's Board Room, 313 W. Market Street, West Chester, Pa 19380 10:00am

Every year, the month of September is nationally recognized as Recovery Month. The Substance Abuse and Mental Health Administration (SAMHSA) sponsors Recovery Month to increase awareness and understanding of mental health and substance use disorders, and to celebrate those in recovery. Again this year, Chester County will join communities across the country in recognizing National Recovery Month.

### Thursday, September 22<sup>nd</sup> – Virtual Community Naloxone Training hosted by Chester County Hospital

Virtual Event, Register Here

6:00pm-7:00pm

Chester County Hospital has partnered with the Chester County Department of Drug and Alcohol Services and Good Fellowship EMS to reduce the incidence of accidental drug overdoses. Join us to learn how to recognize and respond to an opioid overdose and how to access treatment in Chester County. All attendees will also learn how to use life-saving Narcan® (naloxone) nasal spray. Free Narcan® will be made available for pickup by participants.

Saturday, September 24<sup>th</sup> – PRO-ACT Recovery Walk
Penn's Landing on the Delaware River from Market St. to Lombard St., Philadelphia, PA 19103
More information <u>Here</u>

Registration Starts at 7:00am Walk Starts at 9:00am

Monday, September 26<sup>th</sup> – Virtual Community Naloxone Training hosted by Chester County Hospital Kennett Borough Building, 120 Marshall Street, Kennett Square, PA 19348

**Register Here** 

2:00pm-3:30pm

Representative Sappey has partnered with the Chester County Department of Drug and Alcohol Services, Good Fellowship EMS, LCH Health and Community Services, and the Pennsylvania Restaurant and Lodging Association (PRLA) to reduce the incidence of accidental drug overdoses. Join us to learn how to recognize and respond to an opioid overdose and how to access treatment in Chester County. All attendees will also learn how to use life-saving Narcan® (naloxone) nasal spray. Free Narcan® will be made available for pickup by participants. This training will be available in both English and Spanish. Registration is required. For additional information please contact repsappey@pahouse.net or call 484-200-8264.

#### Wednesday, September 28<sup>th</sup>—Voices of Recovery hosted by Chester County Hospital

**Virtual Event, Register Here** 

12:00pm-1:00pm

Hear the stories of individuals currently in recovery from a substance use disorder. Learn about their path to recovery and how they maintain their sobriety. There will be time for questions and discussion about the recovery process. Members from the community and healthcare professionals are encouraged to attend and participate in the discussion.