

2022 – 23 Winter Simulations Schedule: November 29th, 2022

As of November 7th, 2022

3:00pm – Artistic Warm up (4 minutes)

Star 5 Artistic: Chloe Chaves
Samantha Tahiraj
Gold Artistic: Kaitlyn Elliott
Artistic: Veronica Austen

3:15pm – Star 7 to Gold Solo (6 minute warm up)

Star 7: Jillian Holysh
Phoenix Coates
Mhairi Milne
Abby Green
Star 8: Helena Fomitcheva
Star 9: Jodie Robbins
Gold: Isabella Guillartes

3:45pm Juvenile & Pre-Novice Warm Up (6 minute warm up)

Juvenile: Cassandra Calcao
Thea Poulstrup
Pre-Novice Program:
Hannah Dwyer - Short
Marissa Burke - Short
Audrey Brisbin – Long

4:05pm Star 6 Solo Warm Up: (6 minute warm up)

Maria Melnyk
Lydia Stedman
Sofia Zabjek
Ella-Anne Fluit
Jaya Anand-Bauch
Dhyan Modem

4:30pm Star 5 Solo Warm Up Group 1: (6 minute warm up)

Hailey Crossley
Julia Willemsen
Candice Dietrich
Makayla Fluit
Milli Muirhead
Ada Dietrich

4:50pm: Star 5 Solo Warm Up Group 2 (6 minute warm up):

Tatiana Garcia
Sophia Mitchell
Amina Nguyen
Hanna Thorne
Miika Maxwell

5:10pm: Star 4 Solo: (4 minute warm up)

Abrielle Plester
Christian Calcao
Lauren Holst-Burnard
Kay Lynn Hoo
Katherine Cochrane

5:25pm - Flood

5:35pm - Star 3 Solo Warm Up: (4 minute warm up)

Emma Wilson
Kaydence Dorst
Lily Holst-Burnard
Kaitlin MacLeod

5:50pm – Star 2 Solo Warm Up: (3 minute warm up)

Isabella Liu
Mia Thomas-Nadeau
Hanna Corpuz
Rachel Vermeer
Elyse Reid
Teah Godoy
Mya Switalski
Anna Emary

6:15pm – Star 1 Elements (3 minute warm up)

Mallory Allen
Scarlett Corpuz
Devon Reid
Bronwyn Baxter
Liana Meerovich
Desiree Corriveau (tbc)
Anna Kaynz

Finish at 7pm

Elements for Star 1:

Waltz jump	Salchow	Toe loop
Spirals on a circle	One foot spin	