

Red Undie Run – FAQs

Is the Red Undie Run a fundraiser?

No. Red Undie Run is not a fundraiser. The Red Undie Run is a community event in commemoration of World AIDS DAY, December 1.

Can I donate if I wanted to?

Of course you can! We will have volunteers and staff with donation envelopes on site or you can make a donation online by [clicking here](#). If you make a donation online make sure to mention “Red Undie Run” as the reason you are giving. Runners are also encouraged to bring winter wear items (Hats, Gloves, Socks, Scarves) to donate to our Holiday Gift Program.

What do I wear for the Red Undie Run?

Come dressed for the weather (cold) ready to strip down to your red undies, jock straps, boxers, bras, thongs, long underwear or other red underwear. Come as dressed up or dressed down as you please, just as long as its red. Anything goes.

Is there a registration fee?

Nope. Red Undie Run is a free community event.

What is the route?

The route will start and end on the downtown side of Stone Arch Bridge. It is about 1.2 miles long. You can totally do this!

What time does the run start?

The event starts at 3:30pm and the run will start at 4:00pm. Arrive early allowing time to check in, pick up your clothing check bags, and handing stuff off to volunteers.

When do I check-in prior to the event?

Check-in and on-site registration will open at 3pm and will close at 3:30pm Check-in will be hosted at the downtown side of Stone Arch Bridge.

What happens after the run?

Join us at eagleBOLTbar for heat, music, fun, drinks and community. Every runner/volunteer will get a free drink ticket.

What do I do with my clothes?

There will be a gear check bags on site, and our volunteers will keep an eye on your clothes waiting your return.

Can I bring a friend?

Yes, you can! Bring all your friends to run with you! There will be on-site registration.

Can I just watch?

Yes you can! Come cheer on the runners, make signs, bring noise makers and celebrate. You are also invited to join us for the Warm Up Party at eagleBOLTbar.

Are there volunteer opportunities?

Yes! We are always looking for volunteers to help out. Please send an email to our Volunteer Manager, Eamon, at eamon@aliveness.org if you are interested in volunteering or would like more information.

How do I contact Red Undie Run staff for questions?

For questions, please contact our Event Manager, Dylan, at 612.822.7946 x207 or email him at dylan@aliveness.org

Is there parking available at the Red Undie Run?

There is limited parking available at the Stone Arch Parking Lot 100 W Rive Pkwy, Minneapolis, MN 55401. There is street parking available on 1st and 2nd street.

Is smoking permitted at the Red Undie Run?

Nope.