

Announcements for the Day of Pentecost

May 31, 2020



+ This page is sent in advance by email to all who request it... Are you connected? +

Today:

- + Holy Eucharist, Online at 10am
- + Children's Ministry by Zoom at 11am, with Natalee Hill

To join in worship or the Children's Ministry by Zoom, click on the above lines or find the links on the website. Instructions for worship prep at home have been moved to the website.

You can also call in by phone to the 10am worship time:

- One tap mobile: +16465588656
- Dial-in number: +1-301-715-8592 (all U.S.)
- Meeting ID: 816 398 611
- Find your local number: <https://zoom.us/u/abnu9jWkAg>

Tracy Sturgis invites everyone to join her for an online recital of her students (and her twins!). Today (Sunday) at 6:30pm, there will be a virtual recital on YouTube. The link is listed below. Please let them know you are there by using the live chat option to say hello and to give encouraging words to the students! <https://youtu.be/k3Fy4b9LkQE>

Trinity Events this Week

Monday - Friday: Daily Morning Prayer, 8am – About 10-12 people are currently joining online to say the daily office of Morning Prayer from the Episcopal *Book of Common Prayer*. To join, [click here](#) or visit the website. For call-in, call as above for worship, then use Meeting ID 993 6830 7304. For more information, contact the church office.

Monday

- + **Parish Council meeting** – By Zoom, 7-9pm, link to be sent by email.
- + **Monday Centering Prayer** group is now meeting by Zoom. *If interested, please contact the church office for details on how to get connected.*
- + **Sanctuary Yoga** – Take a stretch break mid-week! Sanctuary Yoga now offers free 60-minute, on-line yoga classes led by Mary Thompson via Zoom. To connect with a specific yoga class, send an email to Mary at marykimura@yahoo.com for Zoom link details. For more information about the classes and this spiritual wellness ministry, visit this link, [Sanctuary Yoga](#), here or on our website.
 - **Monday, 10am, Hatha Yoga**
 - **Tuesday, 7pm, Hatha Flow Yoga**
 - **Thursday, 12pm, Gentle Yoga (note time change)**

Tuesday

- + **AA:** Tuesday's "Little Group" continues to meet on-line only. *Questions?* Please contact Fr. Ted through the office.

Wednesday

- + **The Book Group** will discuss *The Doomsday Book* by Connie Willis this Wed. A crisis strangely linking past and future strands twenty-first century time jumper and archeologist Kivrin in the fourteenth century, as her fellows try desperately to rescue her. In a time of superstition and fear, Kivrin finds she has become an unlikely angel of hope during one of history's darkest hours. The book group meets virtually on the first Wed. each month at 10:30 am. Please contact Linda Sauer at lindasauer@aol.com, for more information and the Zoom link. All are welcome!
- + **Trinity Parents' Wed. Check-in Shifts to a Monthly format.** Join us again on Wed., June 3 at 8:30 pm *Do you receive our weekly Children & Youth Ministry News via email?* This is now more important than ever! If not, please contact Tina Hogan at office@trinity-swarthmore.org with your email address. It's a great way to learn about our current and upcoming events for the children and youth of Trinity.

Thursday

- + **Just For Fun on Thursday.** *Informal conversation and a time to connect* – Connect with other members of the Trinity community via videoconference: This Thursday, May 14th, from 7:30 pm to 8:30 pm. You are invited! You can click [HERE](#), or to call, the one-tap mobile is +1312 626 6799, or call in by phone: 301 715 8592. Meeting ID 726 8954 3072

Friday

- + **Harry's Group** will meet via Zoom. Please contact Jay Gillespie for the link.

THANKSGIVINGS, GIVING BACK, AND MORE

Thanksgivings

- + For the beauty and bounty of the world we share
- + For all our ministry leaders who continue to connect for prayer, study, and good works in new ways.
- + For all those in the larger community who seek to continue in loving-care and ministry to others in this time of social dislocation and isolation.
- + For those who have contributed to our food pantries, yoga classes, memorials, and to the general upkeep of the church.
- + We need help to deliver the Sunday meal to the Upper Darby shelter. This coming Sunday is taken care of, but July 5th is open. If you would like to help out, please volunteer on the Sign-Up Genius [HERE](#). The clients at the Darby shelter thank you!

Thanks to everyone who donated to the MEDIA FOOD BANK or INTERFAITH HOSPITALITY NETWORK in exchange for an original oil painting of Betsy Breakell's! The paintings are now all spoken for. And thank you, Betsy, for a creative way to help!

Help wanted! Are you good at Zoom? Live-streaming? Do you use audio or video editing software? Were you in the AV club in high school? Or the tech crew for the Drama Club? Do you like to learn new tools and software? We want to build a team of folks with these and other tech skills, so we can maintain and expand our online offerings. Let Bella Englebach (bella.englebach@gmail.com) or Fr. Ted know if you are interested.

A helpful website source: Swarthmore Senior Citizen's Association (SSCA) is worth checking out and signing up for, at any age! With daily and weekly missives, they have upbeat information that is fun, helpful, and timely. *Polling places have been eliminated and (paid) assistance is needed to count votes* is some of the vital information received this week. Click [HERE](#) and navigate to the bottom to check out past postings. You can sign up to get their newsletter from this link, as well. It is something to look forward to each day.

Deadline to vote by mail is Tues., June 2. Your completed application must be received in the county office by 8 p.m. June 2.

From the Care and Outreach Committees

We understand that everyone is affected by Covid-19 social isolation. Each of us responds differently and may have different needs or wishes for connection. Here are some ways we would like to be of help:

- A phone call
- A weekly or bimonthly note
- Grocery delivery
- Help locating support services
- Notifying the church if you know of any Trinity community member with needs
- Request that Father Ted contact you

Please contact the office if you would like more contact with the church. You are all in our thoughts and prayers.

- + **Homelessness knows no virus** – IHN/Family Promise is housing homeless families at the day center. If you can donate a meal, please use the [Sign-Up Genius](#) link to volunteer to make a meal for two families, 2 moms with three kids, 17, 6 and 3. No pork, please, and one allergy of bananas. Please post what you will be making for dinner. Everyone at the shelter is healthy but getting their housing has been delayed because of the pandemic. Thank you all for your support in these troubling times. We know homelessness does not stop because of the world; it continues, and we might see it on the rise because of the circumstances. Thank you for helping us all do our part! Joe German
- + **Food for the Hungry** – Outreach continues to prioritize supporting St. Mary's Food Cupboard and Chester Eastside's food cupboards during the pandemic. Donations are much reduced, and this is an immediate need. We are asking for cash/check donations (payable to Trinity Church) or via PayPal on the church website (add a note for food cupboard). We will purchase the food and deliver to St. Mary's and Chester Eastside. If you prefer to make a large grocery purchase and need help with delivery or information on how to do so yourself, please contact Cathy Gardner at cgardner119@gmail.com
- + **Chester Eastside** In response to COVID-19 and the order to stay at home, Chester Eastside is seeking coaches for the children in their Out-of-School, Academic Enrichment Program. Coaches will be virtually paired with a child to support homework, literacy assignments or engage in other academic activities during the time you are together. Chester Eastside has provided computers and internet access to all families who did not have a computer at home. Coaches MUST have PA criminal and child abuse clearances and a computer with internet access. If you are interested in coaching a child, or would like more information, please email Elizabeth Doherty at edoherty@chestereastside.org or Barbara Nagel at nagel.barbara@gmail.com
- + **Episcopal Relief and Development (ERD)** – Many communities around the world are far less equipped to deal with the pandemic. [Donate today](#) and ERD will provide our partners and the communities they serve with the support it takes to respond to the COVID-19 pandemic. We promise to always use your donation wisely. Thank you.
- + **Amazon online ordering can benefit Trinity Church** – Since mail order is the new normal, this is a good time to remind those who shop at Amazon that Trinity's Amazon Smile account dollars go towards our Youth programs. The link is [HERE](#). Happy shopping, and thank you!
- + **Neighbors Helping Neighbors** (from SSCA): We have raised over \$8,000 to help pay for the food that Theresa and Scott Richardson at Occasionally Yours have donated to local shut ins and shelters. This endeavor helps not only those who are struggling during these scary times, but it helps Scot and Theresa *keep their employees working while hiring cooks from other Swarthmore restaurants*. Please help them out by donating today [HERE](#), which forwards the entire amount of your donation, including transaction fees, to buy food. If you would prefer to mail your donation and not incur any transaction fees, please mail it to SSCA, P.O. Box 306, Swarthmore, PA 19081. Donations are tax deductible to the extent allowed by law.

Support our farmers' markets: The Swarthmore Farmer's Market is slated to open this Sat., June 6, masks are required and social distancing enforced. Pre-orders ONLY, for time specific pickup, will be the sole method of purchase, there will be no on-site sales at this time. This is to control the flow of people,

ensure social distancing, as well as to eliminate vendors' handling of cash. New food preparation regulations are being observed and there will no longer be home delivery. Check out which farmers and vendors are participating [HERE](#).

STORE HOURS RESERVED FOR SENIORS ONLY

Source: Individual store websites

- + **Target, Springfield Mall:** 8-9 am Tues & Wed.
- + **Giant, Baltimore Pike:** 6-7 am daily (1 hour before opening to the general public)
- + **ACME, Baltimore Pike:** 7-9 am, Monday through Friday
- + **Trader Joe's, Media:** 8AM - 9AM: Open to our senior customers (60+) and disabled customers who may need extra assistance.
- **The Swarthmore Co-op:** opens at 9 am on Wed. for folks 60 or older or who are immune compromised, but they strongly encourage you to stay home and take advantage of the personal shopping service. The online ordering system has operating hours, it opens at 5 pm 2 days before the shopping and closes at 12 midnight the morning of the shop.
- + **320 Café** can deliver (except alcohol) or have everything ready for your curbside pickup, via email only. Instructions are on their website at [320 Cafe](#).

SOMETHING NEW AND FUN! Durham Cathedral in England is giving you the chance to download an image (one per week) from the Lindisfarne Gospels to color. You can pretend to be a medieval monk and put your own coloring scheme to one of the world's most famous books! Click [HERE](#).

POSTPONEMENTS AND CLOSURES

- + **Trinity's 125th Anniversary Gala** (previously scheduled for today, May 31) has been tentatively rescheduled for October 25th. Please hold the date!
- + **Thrift Shop is Closed:** Please be aware that the Thrift Shop is closed until further notice and cannot accept any donations.

PRAYERS AND THANKSGIVINGS THIS WEEK

WE GIVE THANKS...

For Those Celebrating Their Anniversaries: David and Christine Laquintano, Heather and Dick Koelle, Barbara and Jack Nagel, and Mike and Skip Werley.

For Those Celebrating Their Birthdays: Gavin Huffman, Ava Crawford, Pam Poe, Bryan Lentz, and Fran Vartanian.

AND WE PRAY...

National Day of Mourning: See the special collect, A Prayer for the Power of the Spirit, under "Special Prayers"

For the Episcopal Church: Michael, Our Presiding Bishop; and in the Diocese of Guatemala: Iglesia Episcopal La Anunciación, (Church of the Annunciation), Santa Lucia, Cotzumalguapa, The Rev. Luis Cuyun;

In our Diocese of Pennsylvania: for Daniel, Our Bishop; Diocesan Programs: Stevick Diocesan Theological Library; and for Southwark Deanery, The Very Rev. Gordon Reid, Dean

For parish families of the week: Tom and Helen Mashek, Rachel and Ana; Mary McCabe; Michele McCarthy; Sharan and Robert McCue and Cuesta McConnell; John McCurry; along with Ted, our rector; Paula and Bill, our clergy associates; and the vestry and staff;

For healing and comfort: Joan, Courtney, and Megan Griffith, The Phillips family, Bill Regensburg and Jean Hill, Molly and Dean, Charlie Gearing, Ruth Ziegler and Miriam Stanton, John, Louise Poole, The Rev. Dr. Richard S. Phelps, Lisa and Kay McCallister, David Edwards, Constance Gorman, The Deppen family, Katie Egan, Tom Adams, Martha Millett, Mark Pugh, Thomas Hill, Peggy Ferrari, Patrick Diggins, Ethan Ball, Andrew Laverty, Peter Kane, Judith, and Chuck Prudhomme, Mark Wallace, Rev. Zuline Wilkinson, and all who are fighting Covid 19;

For the homebound: Anne Abel, Barbara Salom, Nancy and Lin Urban, Alma Keech, Wallace Stroud, Marguerite Izbicki, Don Solenberger, Ed Harris, Suzanne Keer, Barbara St. John, Ellen Belk, and Catherine Jenkins;

For the departed: Doris Regensburg, Bob Griffith;

And for others for whom prayers are requested, including: Lou Volpe, Eva Boudreau, Marcy Holquist, Wes Vogel, William & Susan Hicks, Ruth, Lucy Messick, the Harris Family, Andy, Skip Werley, Christine Watson, Elizabeth, Ron Koch, Georgetta German, Ellie, Leo Fox, Mary & Steve Wietecha and Larry Johnson.

Special Prayers for Our Times

A Prayer for the Power of the Spirit Among the People of God

God of all power and love,
we give thanks for your unfailing presence
and the hope you provide in times of uncertainty and loss.
Send your Holy Spirit to enkindle in us your holy fire.
Revive us to live as Christ's body in the world:
a people who pray, worship, learn,
break bread, share life, heal neighbors,
bear good news, seek justice, rest and grow in the Spirit.
Wherever and however we gather,
unite us in common prayer and send us in common mission,
that we and the whole creation might be restored and renewed,
through Jesus Christ our Lord. Amen.

~ Special Collect in honor of the victims of Covid-19, written for the National Day of Mourning declared for June 1, 2020 (Day of Pentecost), The Episcopal Church and The Evangelical Lutheran Church of America

Prayers by Vestry -- a location for sharing prayers written by vestry members on retreat in March

Creator of the Universe, who desires that your whole creation live in peace, give us wisdom to wisely use the learnings of this time of trial, so that we may better be your ambassadors of peace, through your son, our redeemer, the Prince of Peace.

~ Bella Englebach

Merciful Creator, you are our standard for understanding Peace and Justice. You have a truly universal view of the world and all peoples. Show us the way to make and demonstrate peace among small groups as well as nations. Imbue in us a sense of justice for all as a basis of peace, do this so that all your people may put aside their disagreements.
We ask you this in the name of Christ.

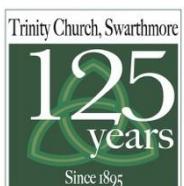
~ Jim Meehan

Blessing for Presence

"The whole earth is full of God's glory". Isaiah 6:3

Awaken to the mystery of being here and enter the quiet immensity of your own presence. Have joy and peace in the temple of your senses. Receive encouragement when new frontiers beckon. Respond to the call of your gift and the courage to follow its path. Let the flame of anger free you of all falsity. May warmth of heart keep your presence aflame. May anxiety never linger about you. May your outer dignity mirror an inner dignity of soul. Take time to celebrate the quiet miracles that seek no attention. Be consoled in the secret symmetry of your soul. May you experience each day as a sacred gift woven around the heart of wonder. Amen.

~ John O'Donohue



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