



St Jude 2024 – 25 Athletic Programs

Physical Exam Requirements

All athletes are required to have a current physical exam form on file with the St Jude parish office before they can participate in sports that we offer. This requirement applies to all forms of participation – conditioning sessions, practices and games. These forms must be signed by a licensed health care provider. These forms will be considered current if they are less than 12 months old. The 12 month period must not expire before the end of the season (based on the CYO calendar) for the sport the athlete has registered for.

The following link will provide you with the physical exam form established by CYO or if your provider prefers to use their own form, we can accept that.

www.stjudeindy.org/component/fileman/file/documents/physical_form.pdf?routed=1&container=fileman-files

Completed physical forms should be delivered to the parish office as follows:

Hand delivery – Attn: Kris Chaney

Mail: 5353 McFarland Rd, Indpls, IN 46227; Attn: Kris Chaney

Email: Kris Chaney; kchaney@stjudeindy.org

Please do not drop off these forms at the school office and do not hand them off to a coach.

In addition to your primary physician, following are some Southside options to obtain a physical exam for sports:

Walk-in or same day physical options

- a. Minute Clinic – CVS <https://www.cvs.com/minuteclinic/services/sports-physicals>
- b. Urgent Care - <https://urgentcareindy.com/patient-services/sports-physicals/>
- c. WellNow Urgent Care – https://www.wellnow.com/locations/indianapolis-beech-grove?gclid=Cj0KCQjwgO2XBhCaARIsANrW2X1a23jGjkzQEaa9t6qNC4ScBpytP0mJU4s_UL_VqcKP4z1t47RIN2gaAjR4EALw_wcB&gclidsrc=aw.ds
- d. Franciscan Health - <https://www.franciscanhealth.org/conditions-and-services/sports-medicine/sports-physicals>
- e. IU Health - <https://iuhealth.org/find-medical-services/sports-physicals>
- f. Physicians Immediate Care - <https://physiciansimmediatecare.com/services/physicals/sports-physicals/>