

A Natural Approach to Childhood Illnesses

with Wiep de Vries, R.N.

Saturday, 12 – 5 pm
February 23, 2019

Workshop at:

University Hills Community Center
1083 California Avenue
Irvine, 92617

FEE: \$60 pp and \$100 for Couples

RSVP please with Julia Doemer
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*Supporting the child
in achieving a
healthy balance between
body, soul and spirit
is an important aspect
of parenting that contributes
to preventing chronic
diseases in adulthood...*



A child's long-term health may be better served when parents allow their child to go through common childhood illnesses, rather than suppressing illness with medicines.

The best way to get over your concerns of letting your child have those fevers, rashes and coughs, is by learning how to use soothing home remedies and applications, so that you are prepared to care for your child in times of illness.

Join us for an exploration of natural approaches for fevers, earaches, colds and flu, asthma, allergies and digestive disorders.

Wiep will demonstrate various natural external applications and discuss remedies that can help heal your sick child. Learn how to prevent illness and how to strengthen your child's ability to overcome illness.

Childhood illnesses and healing approaches are examined from a holistic perspective; an integrated approach of scientific knowledge and spiritual aspects of the human being and of nature.

Wiep de Vries, R.N. has worked for five years as a nurse at an anthroposophical hospital in The Netherlands. From 1994 on she has led Home Health Care workshops for Waldorf school communities throughout California. Wiep is a pain relief therapist specialized in Neuro-Soma Muscle Therapy.

Please, bring for the workshop:

1 large towel, a ceramic, metal or glass bowl, a mat and a little blanket.