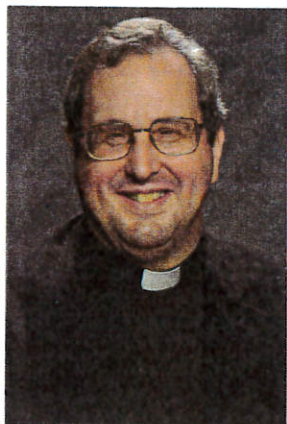


The Four Levels of Happiness™

“Happiness is an INSIDE job.”



Rev. Robert J. Spitzer, SJ
Presenter

Happiness is the only thing we choose for itself.
Everything else we choose to do is directed at
being happy.

Here are some quotes from recent participants:

- ♦ “Excellent step for the growth of our Diocese. *The Little Way* is inspiring! Thank you for this ministry. Janis H.—Del Norte.
- ♦ “By deeply reflecting on this material we can examine ourselves and realize where we fall short in the pursuit of happiness.” Jessica D.—Pueblo.
- ♦ “I feel spiritually fed.” Angel M.—Lamar
- ♦ “Amazing insight...I can start living ‘outside’ myself—but do it from the ‘inside’.” Dianne T.—Fruita.
- ♦ “It was very insightful that the Levels of Happiness fit everyone regardless of situation.” Christy—La Vista Women’s Correctional Facility
- ♦ “It helped to put my life into perspective.” Janine R.—Lamar
- ♦ “I will work harder to connect with others in my church and my community.” Kate L.—Springfield

The Four Levels of Happiness™ reveals the menu for all our choices. The simplicity of the model and its language is enlightening—helping people to make better choices and enjoy better relationships. Please come and enjoy this dynamic DVD presentation.

Who should attend:

Pastoral Council Members, Finance Council Members, Catechists, Parish Staff Members, Liturgical Ministers, Catholic School Teachers, Senior High and College Students

Immaculate Heart of Mary ~ Grand Junction Parish Presentation:

♦ **Friday, February 15, 2019**

♦ **To Register contact Ginny Revel at the parish for times.**

Email Ginny Revel at ginny4gj@gmail.com or call

Ginny at 970-242-6121 to register



Deacon Dan Leetch
Facilitator