



# Holy Family Catholic School

## ILLNESS PROCESS

Parent/guardian performs daily symptom checker at home each day.

### COVID-like Symptoms:

- Loss of taste or smell
- Fever (100°F or higher)
- Nausea or vomiting
- New or worsening cough
- Shortness of breath or difficulty breathing
- Congestion or runny nose
- Sore throat
- Chills
- Diarrhea
- Headache
- Fatigue
- Muscle or body aches

No symptoms

Student goes to school.

Student can return to school after they are 24 hours symptom free or get an alternative diagnosis from a medical provider.

Yes

Has the student had a positive confirmed COVID-19 test within the last 90 days?

Yes symptoms

No

Student stays home or is sent home from school. Parent/guardian chooses ONE option for student to return to school.

Email or call school with your choice.

Student stays home for 5 days. They can return to school on day 6 if they are symptom free. It is recommended they wear a mask for an additional 5 days.

COVID test regardless of vaccination status. We recommend you test at HFCS.  
Daily testing is available from 8:30 a.m. - 2:30 p.m.

Alternative diagnosis from medical provider with instructions for student returning to school.

Negative Test

Positive Test

Student can return to school when they are 24 hours symptom free.

Student stays home for 5 days and can return on day 6 if symptom free. It is recommended they wear a mask for an additional 5 days.