

JANUARY | 2023



Set Intentions: *People who explicitly make resolutions are 10 times more likely to attain their goals than people who don't. What are yours?*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
New Year's Day				Inventory your financial health		
8	9	10	11	12	13	14
Write thank-you cards for holiday gifts			Create a spending plan for 2023 based on last year's spending		Be purposeful with your bonus – spend 10% on something fun and save the rest	De-stress from the holiday craze by taking a yoga class or a hike outdoors with a friend
15	16	17	18	19	20	21
	Martin Luther King Jr. Day	4 th quarter 2022 estimated taxes due		Replenish emergency fund and assess cash needs for 2023		Check household preparedness for emergencies
22	23	24	25	26	27	28
	Watch for tax documents in the mail – put in one folder		Create a net worth statement			
29	30	31	Give your investment portfolio a check-up			
Take stock of your relationships and book a date with a friend						

