



“Working with Impact Cares refreshes my soul.”

Who doesn't like cookies! If you've been on an Impact Cares job in the past, you've enjoyed lovely and tasty home made cookies baked with love especially for the team, the residents, and the volunteers.

Rob is the kind of guy that loves to love on people and if he is around not a single soul is left without a smile. Rob has worked for Impact for several years as the VP of Training. He loves the mountains, camping and just being outdoors. Rob is continually seeking ways to serve others, and in his own words, “I expect nothing in return.” That's how Men of Valor serve - selflessly.

We ask Rob to talk to us about his experience with Impact Cares; he expressed it this way:

Working with Impact Cares refreshes my soul. When I expect nothing in return, that's when I actually receive the most – more than I ever expect! I think there is something that happens inside of all of us when our only job is to just show up and help someone in need. In some ways, helping others allows us to leave the worries of life behind by focusing on the greater good for someone else. It says, “what I can do for you is more important than what I have going on now.” And with that, we end up getting our buckets filled in ways that makes life better for everyone!

The memories, the laughter and new friends are the icing on the cake...and there are always plenty of these. I believe those are the things we will remember in our silent times and as we grow older. It's a great lesson to learn and live by: Giving freely of our time, gives back to us many times over! – Rob

