



FlowRATE Newsletter – “Recipe of the Month”
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Cold Taco Dip Platter

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A Super Easy Dish to Serve Your Super Friends on Super Bowl Sunday!

Ingredients:

- 1 lb. ground beef
- 1 pkg. (8 oz.) cream cheese
- 16 oz. sour cream
- 1 pkg. Taco Seasoning
- 8 to 16 oz. shredded cheddar cheese
- 1 large tomato - diced
- Iceberg lettuce, shredded
- 1 can black olives, chopped or sliced
- Torito's "Scoops" or your favorite Doritos chips



Directions:

1. Cook crumbled ground beef in a skillet with **HALF** of the package of Taco Seasoning.
2. In large bowl, mix together sour cream, cream cheese and the other **HALF** of Taco Seasoning.
3. Spread mixture on a large flat (pizza size) plate (make sure it fits in your refrigerator).
4. Add toppings:
 - Ground beef
 - Some cheese
 - Chopped lettuce
 - More cheese
 - Diced tomato
 - Chopped black olives
 - Maybe some more cheese?
5. **Allow to chill in refrigerator for 1 to 2 hours.**
6. **Serve with “Scoops” or your favorite (heavy duty) chips!**

“What do you need today?”™