Super Seniors







THURSDAYS | 10:30 AM – 12 PM | 290 Malosi St., San Francisco

OCTOBER ACTIVITY SCHEDULE

OCTOBER 1, 2026	• Art & Crafts
OCTOBER 8, 2026	• Bingo
OCTOBER 15, 2026	• Stick Exercise
OCTOBER 22, 2026	• PG & E Assistance Program Presentation
OCTOBER 29, 2026	• Let's Make Halloween Decorations!

For more info, please contact Roland at (415) 574-5935 or email vzvalleyseniors@felton.org

Felton institute

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SAN FRANCISCO HUMAN SERVICES AGENCY
Department of Disability and Aging Services

This program serving the community is funded by the City of San Francisco's Department of Disability and Aging Services.

Super Seniors

Súper Personas Mayores





jueves | 10:30 AM — 12 PM | 290 Malosi St., San Francisco

CALENDARIO DE ACTIVIDADES DE OCTUBRE

OCTUBRE 1, 2026	• Artes y oficios
OCTUBRE 8, 2026	• Bingo
OCTUBRE 15, 2026	• Ejercicio con bastones
OCTUBRE 22, 2026	• Presentación del programa de asistencia de PG&E
OCTUBRE 29, 2026	• ¡Hagamos decoraciones de Halloween!

Para obtener más información, comuníquese con Roland al (415) 574-5935 o envíe un correo electrónico a vzvalleyseniors@felton.org.

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Super Seniors
超級長者





星期四 | 10:30 AM – 12 PM | 马洛西街290号

十月活动日程

十月 1, 2026	• 工艺美术
十月 8, 2026	• 宾果
十月 15, 2026	• 棍棒练习
十月 22, 2026	• PG&E 援助项目介绍
十月 29, 2026	• 我们来制作万圣节装饰品吧!

如需了解更多信息，请致电 Katherine Wong (415) 583-6940 或发送电子邮件至 kwong@felton.org

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SAN FRANCISCO HUMAN SERVICES AGENCY
Department of Disability and Aging Services

这些社區服務計劃是由三藩市殘疾人與老齡化服務部資助的。