

Super Seniors



THURSDAYS



10:30 AM – 12 PM



290 Malosi St., San Francisco

SEPTEMBER ACTIVITY SCHEDULE

SEPTEMBER

3, 2026

- Art & Crafts

SEPTEMBER

10, 2026

- Bingo

SEPTEMBER

17, 2026

- CYC Transportation Presentation

SEPTEMBER

24, 2026

- Stick Exercise

For more info, please contact Roland at (415) 574-5935 or email vzvalleyseniors@felton.org

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SAN FRANCISCO HUMAN SERVICES AGENCY
**Department of Disability
and Aging Services**

*This program serving the community is funded by the City of
San Francisco's Department of Disability and Aging Services.*

Super Seniors

Súper Personas Mayores



jueves



10:30 AM – 12 PM



290 Malosi St., San Francisco

CALENDARIO DE ACTIVIDADES DE SEPTIEMBRE

SEPTIEMBRE

3, 2026

- Artes y oficios

SEPTIEMBRE

10, 2026

- Bingo

SEPTIEMBRE

17, 2026

- Presentación de CYC Transportation

SEPTIEMBRE

24, 2026

- Clase de ejercicios con bastón

Para obtener más información, comuníquese con Roland al (415) 574-5935 o envíe un correo electrónico a vzvalleyseniors@felton.org.

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Super Seniors

超級長者



📅 星期四

🕒 10:30 AM – 12 PM

📍 马洛西街290号

九月活动日程表

九月

3, 2026

- 工艺美术

九月

10, 2026

- 宾果

九月

17, 2026

- CYC 交通运输演示

九月

24, 2026

- 棍棒操课程

如需了解更多信息, 请致电 Katherine Wong (415) 583-6940 或发送电子邮件至 kwong@felton.org

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and Aging Services**

这些社區服務計劃是由三藩市殘疾人與老齡化服務部資助的。