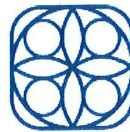




on LOK[®]
where seniors embrace life

Always ActiveSM



SAN FRANCISCO HUMAN SERVICES AGENCY
**Department of Disability
and Aging Services**



Photo by google map

New Always Active Location Now Open in Visitacion Valley!

Location: The Hub, Golden Gate Room

1530 Sunnydale Ave, San Francisco

Free

**Healthy Exercise Classes for Seniors, Stay active, Make friends
For new site opening, we're having a Special Giveaway!**



**Join, Register & Attend
3 Full Always Active Classes at
The Hub**

and receive an Always Active T-shirt
(1 T-shirt per participant)

Limited supply — first come, first
served!

**For More Information or to Enroll:
Please contact the Always Active team:
Phone Number: (415)550-2205 or scan the QR code
Email: alwaysactive@onlok.org**



Felton
institute



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**Department of Disability
and Aging Services**



照片來自Google地圖

Always Active 在 ***Visitacion Valley*** 開設了全新的上課地點！

上課地點：Felton Institute - The Hub, 金門室

(Golden Gate Room)

1530 Sunnydale Ave, San Francisco

費用全免

為長者提供免費健康運動課程，活躍起來，認識新朋友！

全新 **Always Active** 課程已開始，特別準備了歡迎紀念品給參加者！



只要註冊並參加

3堂Always Active - The Hub
的課程，

即可獲得 Always Active T-shirt!
(每位參與者限領一件T恤)

數量有限，送完即止！

欲了解更多資訊或報名：

請聯絡 **Always Active**：

電話： **(415)550-2205** 或掃描微信二維碼

電郵： **alwaysactive@onlok.org**



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