

FIRST 5

Program Goals:

This program serves children age 0-5 (and their parents/caretakers) who are living with developmental and/or mental health issues that affect their social and emotional well being.

The goals of this program are to:

- Provide culturally competent, strengths-based services for wellness and recovery
- Promote positive parenting skills and healthy child development
- Support early care, education and literacy skills
- Identify health-related issues
- Build and strengthen parent-child relationships and attachment
- Focus on self-esteem, health, social and emotional development
- Decrease impact of trauma and increase resiliency

Our Services:

- Home Visitation and Therapeutic Services
- Counseling (individual, group and/or family)
- Medication support services
- Crisis intervention and after-hours crisis line
- Triple P parenting classes
- Advocacy and community outreach
- Referral and linkage to additional services and resources

Service Area:

Services are offered in Gilroy, Morgan Hill, San Jose, and the surrounding areas. Delivery of service is guided by the principles of cultural competence and emphasis on building strengths and resources in the community and within the family.

Length of Service:

Home Visitation: 6 months

Therapeutic Services: 8 months

Fees: There are no fees to participate in this program. Full-scope Medi-Cal is required.

Referrals:

This is a voluntary program. Referrals are accepted through the Santa Clara County Behavioral Health Services (1.800.704.0900).

Contact:

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