

Panel Discussion:

MENTAL ILLNESS AND SUBSTANCE ABUSE PREVENTION IN TEENS



**October 27
6:30pm-8:00pm**

Please join the County of Santa Clara-Prevention Services Division for a panel discussion on substance use and mental illness in teens.

Experts from both fields will provide an overview of warnings signs, prevention and intervention strategies, and how to effectively communicate to help build resiliency in youth.

We will close with a college panelist providing recommendations on how parents can support their seniors leaving home for college.

Panelists:

- Social worker from East Side Union High School District
- High school aged youth
- Supervisor of Mental Health Services at West Valley College
- Mom's Alliance speaker with lived experience

Click here to register!

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COUNTY OF SANTA CLARA
Behavioral Health Services
Supporting Wellness and Recovery