



REBEKAH CHILDREN'S SERVICES

**Culinary  
Academy**

# INFORMATION

## TRAINING IN ALL ASPECTS OF CULINARY ARTS

Rebekah's Culinary Academy prepares youth, ages 15-25, for a career in the hospitality industry. Our instructors are credentialed teachers and professionals in the food industry who guide students through a 10 week course, with 3 hour sessions meeting two times per week. Students are trained in all aspects of culinary arts, including:

- Knife skills and using professional equipment
- Safety and sanitation
- Kitchen measurement
- Introduction to baking and yeast dough (for pizza and bread!)
- Introduction to meats, poultry, and seafood
- Introduction to starches and pastas
- Production cooking and baking

In addition to these skills students also gain the following:

- 3-5 High School credits
- Team building, organization, and marketing education
- Self-esteem and self-discipline building
- Basic job skills, interview training, and professional support
- Introduction to culinary and hospitality careers
- Internship opportunities for high achieving students

While in class, students are required to wear a culinary uniform; black pants, shoes and socks, crisp white chef coat, white hat, and 4-way waist apron (coat, hat, and apron are provided). This helps students "wear the part" and build confidence in themselves through the work.

## ELIGIBILITY

In order to participate in Rebekah's Culinary Academy, potential students must meet the following eligibility requirements:

- At-risk youth between the ages of 15 and 25
- Fluent enough in English to read recipes
- Free of violent or weapon related tendencies
- Must be able to commit to a 10 week program, Mondays and Wednesdays from 4pm-7pm
- Must have reliable transportation to and from the classroom at Rebekah Children's Services
- If receiving services elsewhere, a referral is required; self-referrals are also accepted

**All potential students must complete the attached application and an in-person interview prior to being accepted into the program. Submit completed applications in person at 290 IOOF Ave. Gilroy, CA, by email to [Lsandoval@rcskids.org](mailto:Lsandoval@rcskids.org)**



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# APPLICATION

## PERSONAL INFORMATION (please print)

Date: \_\_\_\_\_

Name: First \_\_\_\_\_ Middle \_\_\_\_\_ Last \_\_\_\_\_

Other names you are known by \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Gender M \_\_\_ F \_\_\_ Other Gender \_\_\_\_\_ Prefer not to state \_\_\_\_\_

Address: Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_ Email \_\_\_\_\_

Parent/Legal Guardian (if under 18 years old) or Emergency Contact: \_\_\_\_\_

Parent/Guardian/Contact Phone: \_\_\_\_\_

RCS Program Affiliation (if applicable) \_\_\_\_\_

Therapist/Case Worker Name (if applicable) \_\_\_\_\_ Phone \_\_\_\_\_

## EDUCATION

Name of school currently attending (if applicable) \_\_\_\_\_

Address: City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Grade level currently enrolled at: \_\_\_\_\_ OR Date completed High School/GED \_\_\_\_\_

## COMMITTMENT

Are you able to commit to 2 days of class per week from 4pm-7pm for 10 weeks? YES NO

If not able to at this time, when would you be able to commit to this schedule? YES NO

Do you have reliable transportation to and from class at RCS? YES NO

Applicant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature (if under 18 years) \_\_\_\_\_ Date \_\_\_\_\_

**Submit completed applications in person at 290 IOOF Ave. Gilroy,  
CA Or email to [Lsandoval@rcskids.org](mailto:Lsandoval@rcskids.org)**