



RESILIENT FAMILIES SOUTH COUNTY AREA

Have a baby ages **0-3 years old**?
Want to learn how to handle **stress**
and create a **support** network?
Help your child feel **safe, secure,**
and **loved** and be better prepared
to start school!

The Anchor of
Resilience



Keeping Our
Glass Full



Packing
Our Child's
Suitcase



Compassionate
Listening
with Heart



The School Bus
Discipline is
a Teaching
Opportunity



The Butterfly
Resilient
Transformation



COME JOIN THE MOVEMENT

6 Free Classes
Starting the week of
04/26/21
Orientation session the
week of 04/19/21

Virtual Workshops via Zoom

Group 1: Wednesday 6:30 p.m.-8:30 p.m.
(Spanish)

Group 2: Thursday 6-8 p.m. (English)

Group 3: Thursday 6-8 p.m. (Spanish)

Group 4: Saturday 9-11 a.m. (Spanish)

*Dates are subject to change



**FOR MORE INFORMATION, CALL OUR PROGRAM COORDINATOR
ARIANA CVITANIC AT (408) 709-4401 OR EMAIL
RESILIENTFAMILIESGILROY@GMAIL.COM**