

MANY MEMBERS



Fall 2026 | Saint Luke's Parish





Many Members. One Body

Our theme this year, “*Many Members, One Body*,” comes from Paul’s first letter to the early Christian community in Corinth. As we enter this new season, we invite each of us to discover how our unique gifts, backgrounds, and stories weave together into something greater than any one of us could be alone.

Whether you're joining us in worship, digging deeper through one of our faith formation programs, volunteering in church or with an outreach partner, or simply pausing for a conversation and a cup of coffee after church, you are part of this one body, and your presence and participation matter.

We hope you'll take everything on these pages as an invitation to step further into the life we share at Saint Luke’s... to show up, to be known, and to know others in return. Together, member by member, we become the whole that God is calling us to be.

*For just as the body is one and has many members,
and all the members of the body, though many, are one body,
so it is with Christ. - 1 Corinthians 12:12*

Welcome to a new parish program year!

“BACK TO CHURCH” OPEN HOUSE

Wednesday, September 9

PreK-8th Grade Families

Attend either at 4:15-5:15pm* or at 7:30-8:30pm

All families are invited to our “**Back to Church**” **Open House** to learn more about our children’s and youth Christian Education & Music programs! Bring the whole family to meet our leaders, learn about the programs and opportunities available for children and youth, and discover how your family can get connected this year. While all are welcome, families with children registered or interested in **Wednesdays at Saint Luke’s** (including Choir and Confirmation) must attend one of the two sessions.

*Nursery care for younger children is available at the 4:15 session only.

HOMEcoming SUNDAY & PICNIC

Sunday, September 13

Church at 8am, 10am, and 5pm

Picnic after 10am worship

Everyone is invited to kick off the new program year together on **Homecoming Sunday** as we return to three Sunday services at 8am, 10am, and 5pm! Sunday 9am Discovery Hour, Children’s Chapel, Godly Play, the Parish Choir, and our 5pm Come As You Are evening service all return.

All are invited to a parish-wide picnic!

After the 10am Eucharist, we will gather outside for a festive lunch, music, and a bounce house for children. Bring a friend to church & join us for some picnic fare & fun!

Fall Highlights

We invite you to connect with your Saint Luke's family at these upcoming parish-wide events

OCT
3

FIRST CHORAL EVENSONG

Saturday, October 3 @ 5pm in the Church

Enjoy the beautiful, joyful sounds of the Parish Choir in the first Friends of Music Event of the Year.



OCT
4

BLESSING OF THE ANIMALS

Sunday, October 4 @ 5pm CAYA

Bring your creatures great, small, and stuffed to the Blessing of the Animals & Feast of Saint Francis. Petting Zoo for children @ 4:30pm



OCT
18

FEAST OF SAINT LUKE & FALL FESTIVAL

Sunday, October 18 @ 10am & after church

A joyful 10am service on our Patronal Feast, followed by a Fall Festival with seasonal treats & pumpkin decorating.



NOV
1

RUN WITH THE SAINTS

Sunday, November 1 @ 11:35am

Help support Saint Luke's Outreach with this 5K or 1-mile race along a beautiful coastal Darien route.

Register at: www.saintlukesdarien.org/run-with-the-saints



NOV
6

SONGFEST!

Friday, November 6 @ 6pm in the AYCC

Enjoy an evening of music & fellowship, featuring the Choirs of children and adults, soloists, and the Ron Wilson Band.



Faith Formation for Adults

DISCOVERY HOUR FORUM | Sundays @ 9am in the Parish Hall, begins Sep. 13

During Discovery Hour, we'll explore our theme "*Many Members, One Body*" from antiquity to today, reflecting on Christian community and what it means to belong at Saint Luke's. Guest speakers and clergy will share their perspectives and experiences as we consider how each of us contributes to the life of the Church and, together, form one body in Christ.

SEPTEMBER: PAUL'S VISION OF THE EARLY CHURCH

We begin by considering the challenges and opportunities of Christian community in the early Church and how Paul's message continues to speak to our life together today.

September 13 - Theme & program year overview, led by The Rev. Ryan Fleenor

September 20 - Paul & the early Church in Corinth part 1, led by Clergy

September 27 - Paul & the early Church in Corinth part 2, led by Clergy



OCTOBER: THE FOUNDATIONS OF COMMUNITY

We'll welcome a series of guest speakers to share perspectives on what makes a community thrive. From Christian to secular communities, we'll explore the foundations of a healthy, vibrant community and consider what we can learn from the communities around us.

NOVEMBER: LIVING IN COMMUNITY AT SAINT LUKE'S

We'll turn our attention to our life together at Saint Luke's and consider how each of us can contribute to the life of our community. Led by our clergy, we'll explore our spiritual gifts and the ways God is calling each of us to share those gifts as members of the Body of Christ at Saint Luke's.

Check on www.saintlukesdarien.org for updates on each month's Discovery Hour speakers.

BIBLE STUDIES

In our baptismal covenant, we promise to "*continue in the apostles teaching.*" One way we do this is through the study of the Bible - and we have a new offering this season! All are welcome, and absolutely no experience is needed.

MONDAY BIBLE STUDY

Mondays, 12pm in the Taylor Room

Starting September 14

Join this growing group for clergy-led discussion and insights on selected books of the Bible. Come once or join us each week!



BIBLE AND BREW *NEW!*

Tuesdays, 6:45-7:15am at Gregory's Coffee Shop

Starting September 15

Brief but authentic! Grab some coffee and start your day off with the Word! Join Ansley & Ryan as we look at the lectionary texts for that week. We'll finish in time for commuters to make the 7:26am out of Noroton Heights! At Gregory's Coffee Shop in the Darien Commons.



Let's Get Together

Find community & connection in one of these groups

FOR WOMEN

Women's Ministries offers opportunities to gather, build meaningful relationships, grow in faith, and support one another.

WOMEN'S DINNER (aka The Holding Dinner)

Second Monday of each month, 6:30-8pm | Begins October 12

Join us for fun, fellowship and delicious pot-luck dinners. Contact Mary Beirne Tinsley at mbtinsley@saintlukesdarien.org for more info. No registration required - just bring a dish to share and join us! 10/12, 11/9, 12/14.

MOMS (aka MomsNext)

Every other Thursday, 12:30-1:45pm | Begins October 1

Join us for "Good Company" as we build authentic friendships, grow together, open up to being known, and have fun. Includes a light lunch, an inspiring speaker, and small group discussion - all in about an hour. Hosted at Saint Luke's, but open to all moms of school-aged children. Contact Amy O'Kane at momsnextdarien@gmail.com with questions & join us on October 1st!



ONE DAY WOMEN'S RETREAT **NEW!**

Saturday, November 14

All women of the parish are invited to this new offering - a one day opportunity for spiritual refreshment, right here on campus! More details coming soon!



FOR MEN

Men's Ministries at Saint Luke's offers fellowship, shared faith, and opportunities to gather and connect. Join us!



MEN'S BREAKFAST

Second Thursday of each month @ 7am, Cafe Zucchero, Darien

All men are welcome for breakfast and early morning fellowship. Contact Charles Jackson at jackson5redsox@gmail.com. 9/10, 10/8, 11/12, 12/10.

MEN'S DINNER

Last Monday of each month, 6-8pm in the Parish Hall

Join a group of men for dinner, friendship, and shared faith. Contact John Wall at johnjwall526@gmail.com. 9/28, 10/26, 11/30, 12/28.



MEN'S RETREAT

Spring 2027

All men are invited to this annual weekend of friendship and faith. Contact Rob Roberto at a.robroborto@gmail.com. Dates & registration to be confirmed.

Support & Connection at Saint Luke's

J.O.Y. (JUST OLDER YOUTH) NEW GROUP!

Twice-a-month on Thursdays, 1-2pm in the AYCC

Retired? Looking for more joy in your life? Join our new community group for all our senior members who seek friendship, good conversation, and fun, with opportunities to connect, share experiences, and enjoy our changing lives together. There will be food, activities, speakers, games, and a whole lot of **JOY!** Contact ansley.walker@saintlukesdarien.org for more info. or to suggest activities and topics.



CAREGIVER SUPPORT GROUP

Tuesdays 10:45-11:45am | Taylor Room

Saint Luke's Caring Connections offers a group designed for those who find themselves the primary caregivers to aging parents, ailing spouses, or have otherwise had their lives impacted by the care needs of others. Led by Dedee Rigg, an experienced pastoral counselor and long-time caregiver to her husband Jerry. If this group might be a blessing to you, please contact Susan Wyper at susan.wyper@saintlukesdarien.org for more information and to register.

KNITTING MINISTRY

Fourth Monday of each month, 7pm in the Terrace Room

Find community while knitting & purling to create beautiful prayer shawls and squares that are blessed by the clergy and given to those in need of comfort. Contact Nancy Heitz at nancy.heiz@gmail.com.

MEDITATION

Wednesdays, 6-6:30pm in the Taylor Room

Drop in anytime for a short reading, chant, and 20 minutes of silent meditation. Instruction in Centering Prayer is offered, or follow your own meditation practice. Contact Mimi Griffith at mimi@mimigriffith.com.

MOVING FORWARD

Third Monday of each month, 3-4:30pm in the Taylor Room

Join fellow Saint Luke's parishioners and friends moving forward towards new life, new experiences, and new connections after the loss of a spouse. If you know the power and peace of this group, invite a friend who might need it; if you're new to this stage of life, be welcomed into a loving, supportive community. Fall 2026 dates: 9/21, 10/19, 11/15. For more information, call the parish office or contact the Rev. Susan at susan.wyper@saintlukesdarien.org.

TOUR - TRANSFORMING OUR UNDERSTANDING OF RACE

This group seeks to transform the understanding of race within and beyond our community, building toward a vision of racial equity through education and engagement. TOUR offers film screenings, field trips, book studies, a lending library and Sacred Ground, our intensive dive into the history of racism in the United States. TOUR will air "**Bury My Heart at Wounded Knee**" on Monday, Oct. 5 in partnership with the Darien Library at 6 pm. Courageous Conversations gathers Sacred Ground alums for dinner and conversation about current issues in racism. A return trip to Harlem is being planned, and check out the relocated TOUR lending library in the Taylor Room. For more information, contact Anne Lynn at annelynn1121@gmail.com.

Music at Saint Luke's

Music is an important and cherished part of the fabric that makes up Saint Luke's. Our music program offers vocal training, performance opportunities, fellowship, camaraderie and fun for all!

ADULT PARISH CHOIR

The Parish Choir sings weekly at the 10am Eucharist, as well as for Evensongs and other special liturgies. Rehearsals for adults and young men with changed voices are on Thursdays from 7:30-9pm. We welcome new and returning singers to join our Choir!



CHOIR FOR CHILDREN & YOUTH

Do you have a child that loves to sing? We offer four chorister programs:

- St. Nicholas Choir (Pre-K to 2nd grade, Wednesdays, 4:45-5:15pm)
- St. Cecelia Choir (Grades 3-5, Wednesdays, 4-4:45pm)
- St. Gregory Choir (Middle & High School, Thursdays, 7-8pm)
- Voice for Life (Grade 6 & up, Thursdays, 6:30-7pm)



Our choir program provides young singers with vocal training, Christian and music education, community building skills, and unique performance opportunities. Our Wednesdays at Saint Luke's schedule has a built-in choir option, and students may sign up for trimester sessions (Fall, Winter, Spring) or the entire year. There is an additional fee for choir (\$150/year or \$60/trimester) to provide vestments, music, and materials. Scholarships are available. Contact Mr. P.

Our youngest singers sing at Family Worship, Christmas Eve, Palm Sunday, and SongFest. Older singers always join them and additionally sing at services of Evensong, special events, and more often during 10am worship. Voice for Life classes offer more immersive music theory and Christian education, and small stipends are offered.

Interested in music at Saint Luke's? Email our Music Director David Pulliam at David.Pulliam@saintlukesdarien.org.

Join us for these upcoming events:



First Friends of Music Event | Saturday, October 3, 5pm, Church

We welcome one of the treasures of our Anglican tradition back, Evensong, combined with a festive concert with guest musicians, sponsored by Friends of Music.



Fauré Requiem | Sunday, November 8, 10am Church

On Remembrance Sunday, we pray for all the faithful departed. At the 10am service, the Choir will sing the Fauré Requiem, accompanied by organ, strings, French horns, and harp. If you would like to sponsor a musician in memory of a loved one, contact David Pulliam at david.pulliam@saintlukesdarien.org.



SongFest! | Friday, November 6, 6-9pm, AYCC

A Saint Luke's classic! Enjoy a cabaret evening of fun music, food, dancing, and fellowship, featuring the Choirs of children and adults, soloists, and the Ron Wilson Band.



Advent Lessons & Carols | Sunday, December 6, 5pm, Church

Experience a glorious evening of Advent carols by candlelight, with Wendy Kerner, harp, the Saint Luke's Parish Choir and Choristers, and the CAYA Band. Followed by a festive reception in the AYCC.

Children, Youth, and Music

Saint Luke's offers faith, fun, and friendship for children from birth to college.

SUNDAYS

Children are always welcome in worship, and we offer loving, imaginative programs for children up to 5th Grade.

NURSERY | *Open from 7:45am to 11:15am | Ages birth to 3 years old | Education Building*

Loving caregivers look after children during morning worship & Discovery Hour.

GODLY PLAY | *10-11am | Age 3 through Kindergarten | Great Room in the Education Building*

Prayers, singing, and a lesson taught as a story, illustrated with hands-on materials, followed by "I wonder" questions and time to creatively respond.

CHILDREN'S CHAPEL | *10am until the Peace | Grades 1 & up | in the Chapel*

Children engage in an age-appropriate Liturgy of the Word, led by one of the clergy, during the first half of 10am worship, then join their families at the Peace to receive communion or a blessing.

COMMUNION AWARENESS | *Sundays at 9am | Four-week course | Sep. 20 & 27, Oct. 4 & 11*

The Episcopal Church invites every baptized member to receive communion, so instead of the First Communion Class that you may remember from your youth, we offer this four-week class that teaches an age-appropriate Instructed Eucharist for children ages 4+.

ACOLYTES | *4th Grade & up*

To participate in 10am worship as an acolyte, about once every 6-8 weeks, email misty@saintlukesdarien.org.

PLAYGROUND COFFEES | *Sundays following 10am worship*

September 27, October 25, November 15 (includes Pageant Lottery and General Cast Sign-Up)

Time for connection, play, coffee, and treats for children and their families.

MID-WEEK

This fall, we introduce a coordinated schedule of mid-week "Sunday School" & programs for Pre-K through 8th Grade.



Our new schedule offers a reliable mid-week recharge, with age-appropriate activities, Bible lessons, prayer, and time with friends, all in a supportive Saint Luke's environment. We've created this new program from "Sunday School" curriculum, Confirmation, Youth Group, and elements of programs that elementary-age children love (like Bible Builders, Living the Word, and Choir). For families with children across ages, our coordinated timing offers easier drop offs & pick ups and a predictable always-on-Wednesdays routine! We hope this newly-imagined offering will encourage your family to spend your **Wednesdays at Saint Luke's**.

THE SCHEDULE:

4:00pm – 5:15pm on Wednesdays

Doors open at 3:45pm | Snack will be provided

September through May (30 weeks)



REGISTER HERE

Elementary & Middle School Programs

PRE-K to 5th GRADE

Find faith & friends in our new, mid-week **WEDNESDAYS AT SAINT LUKE'S** offering, combining traditional "Sunday School" content with activities from popular Bible Builders, StoryMakers, Living the Word & Choir programs. Each week, come for a snack, Bible lesson, prayer, activity/craft, and an opportunity to sing in the choir (limited to the first 25 choristers to sign up). **Begins September 16.**

3:45pm Doors open, offering a snack & time to connect with friends

4-5:15pm Participate in grade-level programming, with an option to add Choir

GRADES 6, 7 & 8

For Middle Schoolers, our **WEDNESDAYS AT SAINT LUKE'S** program alternates between the fun & friends of **Youth Group** and an engaging 3-year faith-formation **Confirmation** curriculum. Youth Group & Confirmation meetings will alternate weekly, always on Wednesdays from 4-5:15pm.

3:45pm Doors open, offering a snack (no dinner) & time to connect with friends

4-5pm Programming rotates between Confirmation & Youth Group, with small groups options, etc.

5-5:15pm Prayer service

ALTERNATING ON WEDNESDAYS

CONFIRMATION

Every other Wednesday, 4-5:15pm | Begins September 16

Saint Luke's Confirmation Program is open to all 6th-8th Grade students with the Sacrament of Confirmation taking place at the end of the 8th Grade year. Students meet during **Wednesdays at Saint Luke's** throughout the school year (Two Wednesdays a month, 15 total sessions) for snacks, class & worship. Registration, regular attendance, worship, and service hours are required.

scan for more information



MIDDLE SCHOOL YOUTH GROUP

Every other Wednesday, 4-5:15pm | Begins September 23

Join us every other Wednesday at our new time for Youth Group as part of **Wednesdays at Saint Luke's**. There will be snacks, fellowship, faith, games, and fun. This year, Youth Group will also include our popular small groups like "Chick Chat" and "Guy Gab". Friends are always welcome to Youth Group!

scan for more information



High School Programs

HIGH SCHOOL YOUTH GROUP

The 2nd and 4th Sundays of the month, 6-7:30pm | AYCC Youth Room

Join us twice a month for food, fellowship, faith, conversation, and fun. We meet after CAYA in the AYCC Youth Room, which recently received a 'glow up' - *come check it out!* No Sunday RSVP is needed, however students who plan to attend regularly must complete a one-time registration - just scan the QR code below. Students do not need to be confirmed to participate, and friends are always welcome to join us!

During the year, we'll also have opportunities to participate in other events, community service, and even travel to France on our youth pilgrimage to the Taizé Monastery!

Want to know more?

Contact our Youth Minister, Misty Krasawski, at misty@saintlukesdarien.org.



Middle & High School Programs

ST. GREGORY CHOIR FOR MIDDLE AND HIGH SCHOOL

Thursdays 7-8pm | Choir Room

Join this Choir for age-appropriate vocal training, superior music education, community building skills, excellent Christian education, and unique performance & travel opportunities. **Begins September 24.**

WORSHIP LEADERS

Interested in serving in worship as a reader, usher, acolyte, or on the altar and flower guilds? All students in Grades 4-12 are invited to participate in these ministries. Students serve an average of once every six weeks and it is a great way to serve your community - just indicate your interest during the registration process or email Misty Krasawski at misty@saintlukesdarien.org.

We'd love to talk to you about all that's on offer!

Have questions about all that's available at Saint Luke's? *Please contact us!*

Erika Caputo for Children's Programs: erika.caputo@saintlukesdarien.org

Misty Krasawski for Youth Programs: misty@saintlukesdarien.org

David Pulliam for Choir Programs: david.pulliam@saintlukesdarien.org



REGISTER TODAY

Outreach at Saint Luke's

Saint Luke's shares God's love by connecting with and serving those in need in our community and the world. There are many opportunities to volunteer with the Outreach Partners. To find out more about the organizations that speak to you, contact their parish outreach leaders via email (listed below) or register online with www.saintlukesdarien.org/outreach

Community Supper | A weekly \$1 dinner for parishioners and community members alike. All are welcome to join us in the Parish Hall on Thursdays from 5-6pm for dinner. New and returning volunteers welcome! Contact volunteer coordinator Jen Kepner at jkepner7@gmail.com.



Cuba | Connect with and assist the congregation of Santa Cruz del Norte, a small Episcopal church 45 minutes east of Havana, which faces very difficult economic circumstances. Steering Committee volunteers needed. Contact Tony Larino at tonylarino@outlook.com.



Future 5 | Assist motivated, underprivileged high school and college students in Stamford with tutoring, college and trade school preparation and applications, and career mentorship. 1-2 hours per week. Contact Rob Roberto at a.roboberto@gmail.com.



Homefront | A one-day home transformation project supporting a neighbor in need involving yard work, painting, and light carpentry. Fall 2025 date coming soon. Flexible volunteer shifts between 8am-5pm. Contact Blaine Hurty at blainehurty@gmail.com or Charlie Koons at charlie.koons@gmail.com to help.



Jerusalem | Gain understanding of the Holy Land, the Episcopal Church there, and the people they serve by supporting the Episcopal Diocese of Jerusalem. Contact: Anne Lynn annelynn1121@gmail.com.



Laundry Love | Help those in need get their laundry done! The first Wednesday of every month (9/2, 10/7, 11/4, 12/2); two hour shifts between 1-7pm with parishioners from other local Episcopal parishes. Contact John Wall at johnjwall526@gmail.com or Schuyler Morris at schuylermorris@yahoo.com.



Pacific House | Help prepare a meal on the first Sunday of each month (9/6, 10/4, 11/1, 12/6) at Saint Luke's, then serve at Pacific House, a men's shelter in Stamford. Multiple volunteer opportunities and time slots are available. Questions? Email Pam Deming at pamdeming@icloud.com.



Person to Person (P2P) | P2P provides food assistance, clothing, financial aid and other essential services to residents of lower Fairfield County. Volunteer in the Clothing Center, Food Pantry, and with many tasks. Scan the QR code to view & sign up for volunteer opportunities, visit www.p2phelps.org, or email Sally Laird at smdlaird@gmail.com.



Saint Luke's Episcopal Church
1864 Post Road
Darien, CT 06820
www.saintlukesdarien.org



Worship with us this Fall!

SUNDAYS

8am Holy Eucharist
with hymns in the Church

10am Holy Eucharist
with the parish choir in the Church & livestreamed

5pm Come As You Are Holy Eucharist
*contemporary service with CAYA Band
in the Anderson Youth & Community Center (AYCC)
& livestreamed*

WEEKDAYS

8am Morning Prayer Monday-Friday
20-minute prayer service in the Chapel

10am Wednesday Holy Eucharist & Healing
in the Chapel

Many Members, One Body



*Open up &
step further into
the life of faith
we share at
Saint Luke's!*

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