MOMSnext
at Saint Luke's

2025-2026 THEME

MAKE IT AWKWARD

In a world that values polish over vulnerability, at MOMSnext, we're going to do our best to reclaim the power of awkwardness. Over the course of the year, we will unpack what it means to own one's own story, speak kindness, practice audacious faith and enjoy the joy of the lives we have.

For all faith-curious moms of school-aged children.

EVERY OTHER THURSDAY
12:15-1:45PM
AYCC AT SAINT LUKE'S
1864 POST ROAD, DARIEN

Saint Luke's Parish

SEPTEMBER 25

MAKE IT AWKWARD

with Lindsay Hurty

As we welcome a new season of MomsNext, together, we'll get familiar and embrace the awkward as we allow our shared season to take shape.

OCTOBER 9

AWKWARD COMMUNITY

with Dr. Amanda Craig

Having community is so important to our emotional health, despite how tricky it can be to find the circles that work for one's authentic self.

OCTOBER 16

MAH JONGG

for MOMSnext

All levels of play are welcome to the MomsNext Mah Jongg Table. Tiles & cards provided. Beginners welcome & will be taught.

OCTOBER 23

AWKWARD FRIENDSHIP

with Jen Kepner

We'll be inviting ourselves to break up with friendship stereotypes and instead develop authentic friendships that we long for.

NOVEMBER 6

SURRENDER YOUR STRESS

Creative Event

There are many areas of stress that mothers encounter in their lives. This fun, interactive (and surprise) gathering will allow us to surrender our stress and find some peace in each other's company.

NOVEMBER 13

MAH JONGG

for MOMSnext

NOVEMBER 20

A BLESSING FOR MOMS

with the Rev. Hannah

As we gather at the start of the holiday season, today will serve as an offering of encouragement for the hard and beautiful journey of motherhood. With the Rev. Hannah Pommersheim.

DECEMBER 4

AWKWARD 1ST CHRISTMAS

with Jenny Edwards

The first Christmas did not look anything like what we try to create today. It was entirely imperfect. And yet, God's love flowed through it— a message that's still relevant in today's world... especially for moms.

DECEMBER 11

P2P TOY STORE

Service Day at the AYCC

We'll have the opportunity to help bring some holiday joy to P2P clients at the Toy Store!

JANUARY 8

AWKWARD NEW YEAR

Group Collboration

Together we will set our awkward intentions for a new calendar year. In our small groups we will plant some seeds for desired personal growth so that 2026 may be our best awkward year yet!

JANUARY 15

MAH JONGG

for MOMSnext

MOMSNEXT
at Saint Luke's

Want to know more?
Reach out to Wendy Moore at momsnextdarien@gmail.com

READY TO REGISTER?

1) Join via the MomCo website: https://www.themom.co/join
- Enter Code: PRK5
- Pay: $37

2) Make an online gift of $150 via Saint Luke's website or this QR code for our delicious Michael Joseph's lunches all year long! (*Note "MOMSnext" with your payment).*

JANUARY 22

KINDNESS FOR YOUR BODY

with Annmarie Medwid

Motherhood brings up many emotions about our physical bodies. But there are lies we often believe that impact our motherhood.

FEBRUARY 5

REST AND RENEWAL

with Lisa Baird

Moms can often care for others at the cost of caring for themselves, but Jesus' life can be seen as an example for why.

FEBRUARY 26

BUILDING CHILDREN'S RESOURCEFULNESS

with Reena Ninan

Let's explore how parents can foster resourcefulness and resilience in their children to build confidence and combat anxiety, specifically when it comes to kids tackling life's challenges and learning practical skills so that they can grow independence

MARCH 5

MAH JONGG

for MOMSnext

MARCH 12

SPEAK KINDNESS

with the Rev. Ryan Fleenor

The words we speak are powerful, and together, we will explore ways we can speak more kindly to those around us, including ourselves.

MARCH 26

GOD'S LOVE AT EASTER

with The Rev. Ansley Walker

Together, we will pause to think about what makes Easter so special, and also, what the Easter story makes possible for us.

APRIL 2

MAH JONGG

for MOMSnext

APRIL 9

AUDACIOUS FAITH

with Wendy Moore

What if God is calling us to more than safety and comfort? Perhaps we could all be encouraged to get a little risky, try new things, and live with an audacious faith.

APRIL 23

ENJOY THE JOY

with Tiere Hessert

Moms can fall into the trap of thinking happiness lies in the future; but this mindset limits our ability to experience joy in the present. True joy comes from embracing the moment, cultivating gratitude and recognizing God's presence in our everyday lives.

MAY 7

OWN YOUR STORY

As we close the year, we will hear personal testimonials of awkward faith in action from three moms from our community.