Dec 2016 Training Tip



Green Light Education
A new perspective



Freeze and deliver

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In an interactive training room, facilitators naturally move more. But make sure you're not in constant motion all the time. You can create powerful learning moments by standing still to produce a higher sense of visual focus. When you suddenly stop, capture attention and speak into the moment, participants re-engage and pay attention. In these moments, understanding and recall soars. Stop and stand still:

- When making a key point
- When giving instructions
- To silently – but powerfully – get everyone's attention
- While people are looking at a new slide or visual (to avoid distracting them)

For most of the time, you're likely to be on the move. Use the power of contrast by using brief points of stillness to underscore important points – weaving yet more memorable moments into your training session.

Resources of interest this month:

http://www.speakingaboutpresenting.com/delivery/9-ways-space-presentation/

For more ideas about managing the space you're delivering from, check out this related article.

If you haven't already checked out Rich's podcast with Kevin Bees – be sure to. Through this link you can also access 12 other experts talking about their lives and what makes success. http://lifechangingquestions.libsyn.com/podcast