November 2017 Training Tip



Green Light Education
A new perspective



Do More with the Core

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Learning is a serious goal, but it's OK to laugh in the training room – in fact, it's highly recommended. Humor relieves boredom, increases engagement, and supports recall. People remember funny moments, which become triggers for the surrounding information.

Here are some ways to create laughter in your training room:

Share a joke. Terrible puns and appropriate anecdotes liven up the mood in your room. If they're directly related to content – even better!

Show a funny picture. Search Google images for memes and cute animal photos to reinforce your messages.

Tell a story. Personal stories, with amusing twists, can help potentially dull information come alive in people's imaginations. It's OK to make them up!

Don't feel you have to be a comedian. The bigger goal is to find something, anything that brings smiles and laughter into your training room.

Article of interest this month:

10 Active Learning Methods For Super Engaged Corporate Learners

https://www.efrontlearning.com/blog/2017/05/active-learning-methods-engaged-corporate-learners.html

A useful list of specific ways to engage participants – which ones do you already use, which ones could you add to?