

The Alberta Labour Market Report's

Labour Market Hot Sheet

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www.JobDevelopment.org/AlbertaLMC

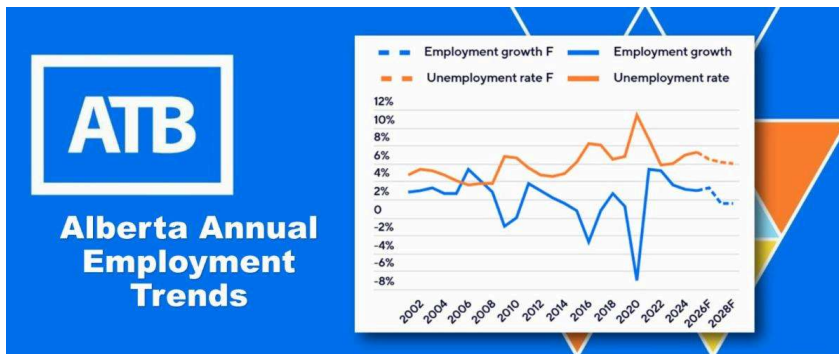
April 2, 2026

Welcome to the Alberta Labour Market Report

Having published **Canadian Labour Market Reports** for more than 25 years, we're excited to officially bring you the **Alberta Labour Market Report**. For the month of April 2026, we're providing our weekly newsletter for FREE to give readers a sense of what they can expect in this weekly publication. A subscription to the Alberta Labour Market Report is just \$19.95 per month. Until April 30th, everyone who subscribes will receive a 10% discount on their subscription.

Sincerely, Christian Saint Cyr
Publisher, Alberta Labour Market Report

[Click here to learn more about the Alberta Labour Market Report](#)



[Canadian Job Development Network](#)

Alberta's economy remains resilient amid geopolitical turmoil

Economic Outlook / Job Creation

Ongoing trade and geopolitical uncertainty continues to create a challenging backdrop for Alberta businesses and consumers. At the same time, Alberta's economy has remained resilient, and is expected to continue to grow faster than the national economy.

According to *ATB Financial's Economic Outlook* released today, Alberta's real GDP growth forecast for 2026 has been revised to 2.7 per cent, up from the 2.1 per cent projected in December. The upgrade reflects a combination of higher oil prices and stronger-than-expected economic performance in late 2025 and into early 2026. The report highlights uneven impacts across the country from the recent surge in oil prices caused by the war in Iran. Alberta, the country's largest oil

Transactional vs. Relational Networking

This week for **#MotivatingMondays**, we explored how networking is becoming more transactional. It seems as though both employers and job seekers have a low opinion of how networking is evolving. According to a recent survey by Harris Poll,

producing province, is expected to outpace national GDP growth of 1.3 per cent.

The conflict in the Middle East has disrupted global energy markets, prompting an upgrade to the West Texas Intermediate (WTI) forecast to average US\$75 per barrel this year (up from US\$61 in the December forecast). While this price spike will drive a robust 6.0 per cent increase in Alberta's nominal GDP—resulting in a significant revenue increase for governments and corporations—it is not expected to translate into a traditional energy boom. Energy producers are maintaining capital discipline, holding real capital spending steady in the absence of clarity on new pipeline capacity or the duration of the price increase.

“While higher oil prices will drive a surge in revenues, we anticipate that producers will be cautious with their capital expenditures,” said Mark Parsons, Vice President and Chief Economist at ATB Financial. *“However, there is upside to our forecast if new pipeline projects proceed, creating a runway to invest in new growth projects.”*

Key highlights:

- **Record Oil Exports to Asia:** Despite cautious capital spending, Alberta's oil production remains at an all-time high. The Trans Mountain Expansion has successfully scaled oil shipments to Asia to over \$9 billion in 2025.
- **Rising Costs for Producers and Consumers:** Global energy market disruptions are creating a "Hormuz premium" on energy and fertilizer, increasing operating costs for agricultural producers. Alberta's inflation is projected to average 2.5 per cent in 2026, with the Bank of Canada expected to hold interest rates in 2026 at 2.25 per cent.
- **Trade and Export Pressures:** The province's manufacturing and export sectors face persistent headwinds from U.S. trade uncertainty, including softwood lumber duties and the upcoming Canada–United States–Mexico Agreement (CUSMA) review.
- **Shifting Labour Landscape:** Alberta's population growth is expected to slow to 1.1 per cent as federal policies reduce non-permanent residents. Job creation will remain strong in 2026 at 3.1 per cent before slowing in 2027, bringing the unemployment rate down to 6.4 per cent.
- **Diversified growth:** Alberta is benefiting from activity across a wide range of sectors including tourism, tech, aviation, petrochemicals and agri-food processing.

"Despite better headline economic numbers in Alberta, we know the reality on the ground for many Albertans is far more complex," said Mark Parsons, Vice President and Chief Economist at ATB Financial. "Higher prices for fuel and groceries are squeezing household budgets. A resilient job market, aided by both resource sectors and growth in new sectors, is helping cushion some of those impacts."

70 per cent of Canadian hiring managers and 76 per cent of job seekers say networking today feels more like a business transaction than a genuine personal connection. We discuss this and how job seekers can convert networking opportunities from being transactional and make them more relational.

IN CASE YOU
MISSED IT

[Read the Mar. 30th Job Development Pulse](#)

[Watch it on Youtube](#)

We make these sessions available EVERY WEEK on **YouTube** and most podcast platforms for people who can't attend in person. This could be a great diversion from wondering why Mark Carney was at the Junos and why was he sitting with Joni Mitchell?

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Next Topic:
9 ways you can use LMI to connect with employers

Join us
TUESDAY
Apr. 7, 2026

[Start Your Free Membership in the](#)

For the full analysis, read the complete Alberta Economic Outlook.

[CJDN](#)

Click here to download: [Driving to the conditions: Alberta's economy in 2026 and 2027](#)

Canada's trucking employment dropped 4% in February: THRC

Transportation / Trucking

Recent data from **Trucking HR Canada (THRC)** shows that current economic conditions continue to have an impact on trucking and logistics.

Employment levels in the sector declined by 30,500 positions or 4.0 % in February 2026 compared to February 2025. Among transport truck drivers, job losses were even higher: down 5.5%.

Across all industries in Canada, employment stayed relatively stable, up 0.02% in February 2026 compared to February 2025.

"The trucking and logistics sector continues to experience labour market changes during the current economic conditions," says Craig Faucette, THRC Chief Operating Officer. *"THRC is actively supporting employers with labour market insights that inform strategic decisions, along with workforce solutions that help build a resilient, skilled workforce."*

Unemployment rates for the trucking and logistics industry rose more than in general in Canada — up from 4.8% in February 2025 to 5.2% in February 2026. For transport truck drivers, the unemployment rate jumped to 5.7% in February 2026, up 0.3 percentage points from February 2025.

More details:

- *Year-over-year employment in the Canadian trucking and logistics sector declined 4.0% in February 2026, with 30,500 jobs lost compared to February 2025*
- *Employment of transport truck drivers fell by 18,000 jobs from February 2025 to February 2026, a decline of 5.5%*
- *The number of active job seekers in the trucking and logistics sector rose to 40,200 in February 2026, up 3.2% year-over-year*
- *In February 2026, there were 18,700 unemployed drivers actively seeking work, which was roughly the same as in February 2025*
- *Unemployment rates rose across the trucking and logistics sector and in the transport truck driver occupation, reaching 5.2% and 5.7% respectively*
- *The unemployment rate for all industries across Canada remained largely unchanged year-over-year, up slightly to 6.7% in February 2026*



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THRC tracks labour market data and delivers essential labour market intelligence to help decision makers tackle workforce challenges and skill gaps — hoping to ensure Canada's trucking and logistics sector stays competitive, resilient, and ready for the future. To learn more, visit: [Trucking HR Canada](#)

Major labour market stories from the past week

Alberta's Breaking Labour Market News

- Viewpoints: Entering the profession with open eyes—and hope 'Alberta Teachers Association' ([Click Here](#)).
- Legislature highlights: Education issues debated ([Click Here](#)).
- Government of Canada invests in crime prevention in Edmonton ([Click Here](#)).
- Canada is short 200 air traffic controllers, Nav Canada says ([Click Here](#)).
- 'I'm desperate': Alberta employers struggle to hire amid housing, labour squeeze ([Click Here](#)).
- Council approves plan to guide future development in north Okotoks ([Click Here](#)).
- Alberta Government is investing \$6 million for the Alberta Trades Discovery Centre in Calgary, Alberta ([Click Here](#)).
- Alberta Worker Expression of Interest Update 2026 Introduces New Job Detail Requirements ([Click Here](#)).
- 'It's disappointing': Backlash mounts over U of A removing EDI from hiring policy ([Click Here](#)).
- Outdoor program in Bragg Creek helps youth build careers ([Click Here](#)).
- Alberta economy forecast to grow despite global turmoil: ATB report ([Click Here](#)).
- U of A board approves controversial new hiring policy, which removes EDI ([Click Here](#)).
- Tourist towns 'desperate' for workers in Alberta ([Click Here](#)).
- 'Why would a man stop me?' Camp introduces young women to autobody trade ([Click Here](#)).
- How Calgary Economic Development supports talent attraction and workforce growth in Calgary ([Click Here](#)).
- 'They are our future': Alberta to spend \$20 million to soften a tough job market for young people ([Click Here](#)).
- 23 places in Edmonton hiring for hundreds of jobs this April ([Click Here](#)).
- Post-secondary institutions in Alberta cutting staff to deal with strained financial situations ([Click Here](#)).
- 'Significant and life-changing': Calgary tech company's staff to see hefty payday from sale ([Click Here](#)).
- Provincial wage subsidies aim to connect young Albertans with first jobs ([Click Here](#)).
- Alberta, British Columbia, Ontario and Quebec post largest year-over-year percentage increases in regular Employment Insurance beneficiaries in January ([Click Here](#)).

This Week on LinkedIn

Please take the time to 'like' or follow:

[Alberta Labour Market Report on LinkedIn](#)
[Christian Saint Cyr on LinkedIn](#)

Check out our new Podcast: [#MotivatingMondays](#) which looks exclusively

at the Job Development Sector.

- \$247M investment planned for Alberta employment services in Budget 2026 ([Click Here](#))
- Alberta, Manitoba budgets put focus on jobs, training, regional growth ([Click Here](#))
- Thousands of young Calgarians gather at city's 27th annual youth hiring fair ([Click Here](#))
- 5 municipalities near Calgary that are hiring this April ([Click Here](#))

On our social media feeds we only post labour market and job search information, research and the occasional ironic observation. You can trust our **LinkedIn** feeds. We carefully evaluate social media posts to see if they would be valuable to you.

We don't want to waste your time. For instance, we're not going to share an article like: ['Thieves steal 12 tons of KitKat bars in Europe chocolate heist'](#). *Oh, give me a break! Give me a break! Break me off 12 tonnes of those Kat Bars! (Sorry Millennials, no hints this week.)*

Your time is valuable and we wouldn't want to waste it, follow us on [LinkedIn](#) :-)

Community Calendar

Career Development Events

Alberta Strong: 16 ways trade is changing our labour market

The 2026 Alberta Labour Market Conference, LMC26

May 28th and 29th, 2026

30% Discount for Registrations Received by May 14, 2026

Hosted online by the Alberta Labour Market Report

Learn More: [Conference Website](#) | [Information Sheet](#) | [Registration](#)

#MotivatingMondays for Job Developers

Tuesday April 7th at 8:30am Pacific Time

Topic: 9 ways you can use LMI to connect with employers

Hosted by the Canadian Job Development Network

Free for All Attendees, Monday at 9:30am

Start your free membership to get your weekly link

For more info: www.JobDevelopment.org

Western Canada Career Development Conference 2026

April 23–24, May 2026

Location: SFU Harbour Centre + Online

Learn More: www.wccdc.ca

Job Postings

Career Development Employment

To post a job here, please email: bclmr@outlook.com

(When you write your cover letter, please mention you saw this advertisement in the BC Labour Market Report)

[Career and Employment Consultant Talent Pool](#)

Government of Alberta

Various Locations in AB

Closes: Apr. 14, 2026

[Career Advisor - 12 Month Contract](#)

Prospect Human Services
Edmonton, AB
Closes: Unknown

[Outreach Worker/Facilitator](#)

The Career Foundation
Edmonton, AB
Closes: Unknown

[Employer Liaison](#)

EmployAbilities
Grande Prairie, AB
Closes: Apr. 10, 2026

[Career & Employment Advisor](#)

Medicine Hat YMCA
Medicine Hat, AB
Closes: Unknown

[Employment Specialist \(IM&M+\)](#)

The Open Door Group
Calgary, AB
Closes: Unknown

[Job Developer](#)

Lifemark Health Group
Calgary, AB
Closes: Unknown

[Employer Strategist](#)

EmployAbilities
Vegreville, AB
Closes: Unknown

Did you know?

Fascinating Facts

Starting April 1, 2026, the federal minimum wage will rise to \$18.15 per hour. This represents a total cumulative increase of 21% since the introduction of the standalone federal minimum wage in 2021.

- Employment and Social Development Canada

Quote of the Week

Career Inspiration.

It's just a theory really, but I have always thought that your physical surroundings can shape your voice and personality."

-- K. D. Lang

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