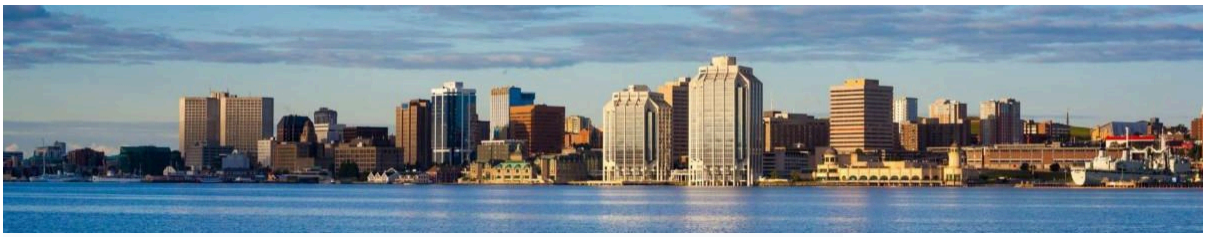
The Atlantic Labour Market Report's

Labour Market Hot Sheet

Click for a PDF Copy of the Report

JobDevelopment.org/AtlanticLMR April 9, 2026





Minimum wage increases across Atlantic Canada

Employment Standards / Wage Increases

Minimum wage workers in the Atlantic provinces are now earning a little bit more per hour.

The minimum wage in Nova Scotia increased $0.25 per hour last week from $16.50 to $16.75.

The raise is one of two scheduled increases, with the second increase bringing Nova Scotia's minimum wage in the province to $17 per hour on Oct. 1.

"Minimum wage workers show up every day in workplaces across Nova Scotia," said Nolan Young, minister of Labour, Skills and Immigration.

"This increase means more money in the pockets of hard-working Nova Scotians to help pay for groceries, rent and everyday expenses. We will continue to raise the minimum wage in a fair and predictable way."

Canadian Job Development Network

9 ways to turn LMI into employment outcomes

This week for **#MotivatingMondays,** we talked about how labour market information can be valuable to job developers and other employer engagement professionals. LMI is very much an untapped resource of business and economic activity that leads to 'emerging job opportunities'. We discussed the importance of LMI and how critical it is to apply

Newfoundland and Labrador also raised their minimum wage to $16.35 per hour on April 1st. Their minimum wage is adjusted annually based on the Consumer Price Index (CPI). The minimum overtime rate is 1.5 times the minimum wage ($24.525 per hour based on the new 2026 rate).

The minimum wage in New Brunswick increased April 1st by $0.25 per hour from $15.65 to $15.90 per hour.

Prince Edward Island saw the biggest increase in minimum wage in the Maritimes last week.

Minimum wage on the Island jumped by $0.50 from $16.50 to $17 per hour, making it the province with the highest minimum wage rate in Atlantic Canada.

To learn more about the Minimum Wage throughout the region, please visit:

- New Brunswick Minimum Wage
- Nova Scotia Minimum Wage
- Prince Edward Island Minimum Wage
- Newfoundland and Labrador Minimum Wage



New 'RU Engaged' Program Connects First-Year Students to New Brunswick Through Service

Work Experience / Social Services

After eight weeks in the classroom, a group of 20 mostly first-year students spent their spring break staying in the community working alongside food-security organizations in New Brunswick. They helped build raised garden beds, unloaded food, served clients at the Unity Square Choice Food Pantry and prepared meals at the mobile soup kitchen for Elijah's Promise.

The weeklong experience was part of the RU Engaged Byrne seminar, a one-credit course focused on the issue of food security. The class aimed to connect first-year students to the community through a series of service projects and was capped with the RU Engaged Spring Break trip funded by a 2025 New Brunswick Chancellor's Challenge Grant.

CLICK HERE TO LEARN MORE

Potential strike action looms closer at Nova Scotia retirement homes

Health Care / Labour Relations

Unifor members at Parkland Truro, Parkland Cape Breton, and Martha's Place Antigonish retirement homes in Nova Scotia

for jobs before the employer has even thought to place the advertisement.

IN CASE YOU MISSED IT

Read the Apr. 7th Job Development Pulse

Watch it on Youtube

We make these sessions available EVERY WEEK on **YouTube** and most podcast platforms for people who can't attend in person. This could be a great diversion from the eternal question: why do some people get Easter Monday off and others have to work?

Email:
csaintcyr
@labourmarketsolutions.ca

Website:
www.JobDevelopment.org

Next Topic:
Government pushes employers towards hiring youth
Join us
Mon. Apr. 13, 2026

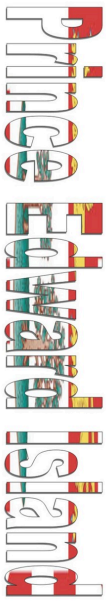
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will be in a legal strike position as of April 16, after a No Board Report was issued by the Minister of Labour, Skills and Immigration on Tuesday.

Key issues include significant wage gaps with long-term care counterparts in the NS Health Authority, lack of shift and weekend premiums, and slow progression through pay scales. The union has submitted bargaining proposals aimed to lift the lowest-paid classifications and bring other roles in line with industry benchmarks.

CLICK HERE TO LEARN MORE



Solar and battery storage project would power thousands of PEI homes

Utilities / Construction

Maritime Electric and Lennox Island First Nation are collaborating on a proposed project that would provide renewable energy for western P.E.I. On March 31, the groups held an open house in Ellerslie, for residents to stop in and learn about the Na'ku'set Park utility-scale solar and battery storage project.

Planned for the former airfield in Mount Pleasant, its 60,5000 solar panels are estimated to produce around 40,000 megawatt hours of energy — enough to power around 4,000 homes.

CLICK HERE TO LEARN MORE

Have your say on the draft co-operation agreement between Newfoundland and Labrador and Canada

Government / Public Consultation

In May 2025, the Government of Canada committed to striking co-operation agreements with every interested province. These agreements will help achieve the Government's goal of "one project, one review" while upholding Canada's world-leading environmental standards and constitutional obligations to Indigenous Peoples.

The Impact Assessment Agency of Canada (IAAC) invites Indigenous Peoples and the public to provide comments on the draft co-operation agreement between the Governments of Newfoundland and Labrador and Canada.

ATLANTIC LMR

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Comments submitted by April 28, 2026, 11:59 p.m. ET will be considered. All comments will be publicly posted.

CLICK HERE TO LEARN MORE

Major labour market stories from the past week

Breaking Labour Market News for New Brunswick, Nova Scotia, Prince Edward Island and Newfoundland and Labrador

- Canada invests in climate competitive jobs for young people in Nova Scotia (Click Here)
- Newly sworn in RNC officers hope to inspire others who don't see themselves in policing (Click Here)
- St. John's lawyer says N.L. government needs to address justice staffing shortages (Click Here)
- Business group says new planned government toll goes against internal trade efforts (Click Here)
- No money for new full-time firefighters in Charlottetown budget draws union criticism (Click Here)
- P.E.I. confirms minimum wage increase for October (Click Here)
- PANL Urging Labour Market Adjustment for Public Sector Pharmacists (Click Here)
- New 'RU Engaged' Program Connects First-Year Students to New Brunswick Through Service (Click Here)
- Members of a Mi'kmaw First Nation blockades Nova Scotia highway over cannabis raids (Click Here)
- Tailored Training Boosts First Nations Skills (Click Here)
- Woman who lost job due to budget cuts offered new position with Autism Nova Scotia (Click Here)
- CFIB Statement on Nova Scotia's Minimum Wage Increase (Click Here)
- A day in the life of a Plumbing student (Click Here)
- Newfoundland Immigration Draw Invites 245 Candidates Through EOI System (Click Here)
- Potential strike action looms closer at Nova Scotia retirement homes (Click Here)

This Week on LinkedIn

Please take the time to 'like' or follow:

Atlantic Labour Market Report on LinkedIn
Christian Saint Cyr on **LinkedIn**

Check out our new Podcast: **#MotivatingMondays** which looks exclusively at the Job Development Sector.

- New Brunswick LPN wants the profession to be recognized as nurses in the province (Click Here)
- How a small Nova Scotia First Nation is leading the takeover of Alberta's casinos (Click Here)
- Minimum wage set to increase from the Government of Prince Edward Island (Click Here)
- This summer, the Correctional Officer Recruitment Training Program will be offered in Labrador (Click Here)

On our social media feeds we only post labour market and job search information, research and the occasional ironic observation. You can trust our **LinkedIn** feeds. We carefully evaluate social media posts to see if they would be valuable to you.

We're not going to waste your time. For instance, we're not going to post an article like: '**Artemis II astronauts have toilet trouble on their way towards the Moon'.** *Clearly, traveling to the moon is just like a school bus on a field trip. This is why the Artemis capsule comes equipped with a $12,000 mason jar.*

Your time is valuable and we wouldn't want to waste it, follow us on LinkedIn :-)

Community Calendar

Career Development Events

Atlantic Strong: 16 ways trade is changing our labour market
The 2026 Atlantic Labour Market Conference, LMC26
June 25th and 26th, 2026
30% Discount for Registrations Received by May 14, 2026
Hosted online by the Atlantic Labour Market Report
Learn More: Conference Website | Information Sheet | Registration

#MotivatingMondays for Job Developers
Monday April 13th at 12:30pm in the Maritimes / 1:00pm in Newfoundland
Topic: Government pushes employers towards hiring youth
Hosted by the Canadian Job Development Network
Free for All Attendees
Start your free membership to get your weekly link
For more info: www.JobDevelopment.org

Job Postings

Career Development Employment

To post a job here, please email: admin@labourmarketsolutions.ca
(When you write your cover letter, please mention you saw this advertisement in the Atlantic Labour Market Report)

Recruitment Coordinator
FundyPros Specialty Construction
Dieppe, NB
Closes: Unknown

Mental Health Worker - Employment Unit (At Work)

Canadian Mental Health Association
Summerside, PE
Closes: Unknown

Employment Services Officer (Client Services Officer)
College of the North Atlantic
St. John's, NL
Closes: Apr. 10, 2026

BRIDGE Coach
Key Industries
Saint John, NB
Closes: Unknown

Employment Counsellor (4-day work week)
Avalon Employment Inc.
St. John's, NL
Closes: Unknown

Mental Health Worker - Employment Unit
Canadian Mental Health Association
Alberton, Prince Edward Island
Closes: Unknown

Did you know?

Fascinating Facts

A new study found 52% of respondents would take a pay cut if it protected their job from layoffs over the next two years. Layoff anxiety has reportedly surged in recent years with one organization seeing a 30% increase since it last measured the "employee mindset" in 2019.

- Samfiru Tumarkin LLP

Quote of the Week

Career Inspiration

"Sometimes the wheel turns slowly, but it turns."

- Lorne Michaels



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