**Anne Bhudevi Fletcher**

**About the Teacher: Anne Budhevi Fletcher**

Anne’s interest in yoga began in 1985 when she attended her first yoga classes in Richmond – in the basement of a church on Park Ave in the Fan. She also studied Tai Chi for many years before focusing on yoga in 2009. Over the past 7 years, Anne has practiced various forms of yoga, from Hatha, to Vinyassa and Power Yoga. It was after a day visit to the Ashram at Yogaville that she became interested in Integral Yoga – because of its spiritual and inclusive approach. Anne completed her Yoga Teacher Training through the Integral Yoga Center of Richmond in April 2016. She was given the name “Bhudevi” the Hindu goddess representing Mother Earth. This is an appropriate name given Anne’s interest in gardening and sustainable living practices that honor the Earth.