



Connect to **community,** Just a click away!

Connections is a FREE app for individuals with substance use disorder and common co-occurring mental health conditions that provides anonymous 24/7 peer support, access to an online community, resources to promote coping skills, daily check-ins, and tools to help track and celebrate milestones!



Scan to access the Connections app.

This free resource is made available by:

New Mexico Behavioral Health Services Division

Having trouble using the app? Get in touch: onboarding@connectionsapp.com



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This free resource is made available by:

New Mexico Behavioral Health Services Division- Teens

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So You Can Support
Your Loved One...
**We're Here To
Support You.**

The **Companion app** provides a supportive online community and valuable resources tailored for family members, friends, and caregivers of individuals with substance use disorder and common co-occurring mental health conditions.



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Services Division**

¡En solo un clic!
Conéctate a la
comunidad.



Una aplicación gratuita enfocada en la recuperación, con apoyo entre compañeros los 7 días de la semana, una comunidad de apoyo para la recuperación y herramientas para ayudarte a seguir y celebrar tus logros.



Escanear para inscribirse.

Conexiones es un recurso gratuito puesto a disposición por:

New Mexico Behavioral Health Services Division

¿Problemas técnicos? Póngase en contacto con: onboarding@connectionsapp.com