

# Colon Cancer Prevention and Screening Update

With Dr. Rimma Shaposhnikov and Natalie Manitius, RDN



**Date:** Tuesday, March 3

**Time:** 5:30 pm - 7:00 pm

**Location:** Cancer Support Community  
Valley/Ventura/Santa Barbara  
530 Hampshire Road  
Westlake Village, CA 91361

**Cost:** No cost to attend

**RSVP:** Please RSVP 805.379.4777  
[www.cancersupportvvsb.org](http://www.cancersupportvvsb.org)

Colorectal Cancer Awareness month in March is a great time to learn about this third most-common cancer in the United States and to spread the word about the importance of screening. Please join us for an informative workshop by Rimma Shaposhnikov, gastroenterologist, and Natalie Manitius, GI Dietitian, to learn about the latest information such as screening modalities, how often you should be screened, treatment options, and dietary tips to prevent colorectal cancer.

Dr. Shaposhnikov joined UCLA five years ago and helped establish GI practices at the Westlake Village and Thousand Oaks locations. She is the director of the northwest clinical practices and the newly established surgical center. She practices general gastroenterology in all its aspects

Natalie is a registered dietitian nutritionist practicing in general gastroenterology who specializes inflammatory bowel disease (IBD). Her research interests include the gut-brain axis, as well as the interconnectedness between food systems, the environment and gastrointestinal health.

**Reminder!** We are a fragrance free environment, please refrain from wearing perfume/ scented lotion.