

Read & Reflect Lenten Scriptures & Spiritual Practices: Fast, Pray, Give Away

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	February 24 Matthew 6:1-6, 16-21 Psalm 51:1-17	25 2 Corinthians 5:20b – 6:10	26 Ash Wednesday Psalm 32 Worship @ 7 pm	27 Romans 5:12-19	28 Matthew 4:1-11	29 Give Away: Clothing
March 1 Lent 1 Sabbath: Rest & Pray	2 Psalm 121	3 Romans 4:1-5, 13-17	4 John 3:1-17	5 Matthew 17:1-9	6 Fast during daylight hours	7 Serve: Volunteer with the Ancaster Food Drive
8 Lent 2 Sabbath: Rest & Pray	9 Exodus 17:1-7	10 Psalm 95	11 Romans 5:1-11	12 John 4:5-42	13 Fast during daylight hours	14 Give Away: Household Items
15 Lent 3 Sabbath: Rest & Pray	16 1 Samuel 16:1-13	17 Psalm 23	18 Ephesians 5:8-14	19 John 9:1-41	20 Fast during daylight hours	21 Serve: Pay for the person behind you at the drive-thru
22 Lent 4 Sabbath: Rest & Pray	23 Ezekiel 37:1-14	24 Psalm 130	25 Romans 8:6-11	26 John 11:1-45	27 Fast during daylight hours	28 Give Away: Donate to a charity of your choice
29 Lent 5 Sabbath: Rest & Pray	30 Psalm 118:1-2, 19-29	31 Matthew 21:1-11	April 1 Philippians 2:5-11	2 Psalm 31:9-16 Psalm 22	3 Fast during daylight hours	4 Serve: Bake for a friend or neighbour
5 Palm Sunday Lent 6 Sabbath: Rest & Pray	6 John 13:1-17, 31b-35	7 1 Corinthians 11:23-26 Matthew 26:14-35	8 Psalm 116:1-2, 12-19 Matthew 26:36-75	9 Maundy Thursday Hebrews 10:16-25 Hebrews 4:14-16; 5:7-9 Worship & Potluck 5-8 pm	10 Good Friday Fast during daylight hours Matthew 27:1-66 Worship @ 10 am	11 John 18 & 19