

# GRACE EMERGENCY FOOD PANTRY LIST

## **BAKING**

Sugar  
White/All Purpose Flour  
Oatmeal  
Powdered Milk  
Sugar  
Vegetable Oil  
Yeast  
Shortening  
Salt  
Evaporated Milk  
Vanilla  
Baking Soda  
Baking Powder  
Cornbread Mix

## **Staples**

Dried Beans – black, kidney, pinto  
Rice – white and brown, whole and/or quick cook  
Pasta – lasagna, spaghetti, egg noodles  
Barley – pearled  
Cream of Wheat  
Non-dairy Creamer Powder  
Coffee – ground and instant  
Tea – bags and instant  
Maple Syrup OR Pancake Syrup  
Pasta Sauces – red and white  
Canned Beans – kidney, chili, black, white/great northern, garbanzo  
Canned Chicken  
Canned Tuna  
Canned Vegetables – peas, green beans, corn, mixed veg  
Canned Fruits – lite or no sugar syrup  
Canned Tomato Products – paste, sauce, diced, juice  
Canned Soups (including cream soups)  
Canned Broth – veg, beef, chicken  
Pancake Mix  
Lemonade/Other Drink Mix  
Seasonings – garlic salt/powder, Italian seasoning, pepper, etc  
Peanut butter  
Mac and Cheese