

Egg Shell Seedlings

1. Fill egg shell 2/3 with moistened soil
2. Add 2 seeds (beans, squash, cucumber, basil, parsley, dill and marigolds are all good options)
3. Spray top soil with water
4. Place in a sunny spot
5. Lightly mist the soil every couple of days as needed.
6. When the seedling has developed its first set of true leaves (these are actually the second set of leaves to appear,) you can transplant it into a larger pot or directly into your garden.
7. Gently crush the shell and remove a few shards around the bottom. You can plant the whole thing this way, and the egg shell will decompose in the soil, feeding extra nutrients to your seedling.
8. When plants grow too big for the shell, crack the shell and plant them straight in the garden or a bigger pot. The shell will eventually biodegrade, and the roots will grow out of the shell. The shell also supplements the calcium in the soil.

