DR. PHILLIPS HS ATHELTICS TRYOUT INFORMATION

Dr. Phillips Athletics is separated into 3 seasons (Fall, Winter & Spring). All athletic information can be found on our website, https://drphillipshsathletics.com/ along with athletic news/updates on our twitter page @PantherZone

Coaches Contacts and Seasons: https://s3-us-west-2.amazonaws.com/sportshub2-uploads-prod/files/sites/2306/2020/10/19095027/DP-HEAD-COACHES-CONTACT-LIST-2020-2021.pdf We will update 2021-22 season ASAP

All Teams will have a Tryout Interest meeting prior to the start of tryouts.

Contact Head Coach for all details as needed.

<u>Eligibility Requirements</u>: YOU are required to have a physical and ECG certification on file before you can try out for ANY sport. Please make sure that your physical packet submitted online 48 hours prior to tryouts. If you <u>DO NOT</u> have your physical form on file then you <u>CANNOT TRYOUT</u>.

- All students must have at least a cumulative 2.0 GPA or higher to try out.
- If you are looking or are in need of a health center to get your physical done, <u>Paramount Urgent Care 8972 Turkey Lake Rd will do physicals for \$30. Operating hours are 7 days a week 8am 8pm.</u> Paramount donates \$10 for each physical completed and coupon returned to Coach Quinn, room 6-123 or Coach McHale 2-105.
- Here is the link to the **online sports physical form** that you can print out or download.
 - https://s3-us-west-2.amazonaws.com/sportshub2-uploadsprod/files/sites/2306/2020/05/12112004/2020-2021-OCPS-Physical-packet-fillable-04272020.pdf
- Here is the link to the directions on how to fill out and turn in the Physical Form.

 https://s3-us-west-2.amazonaws.com/sportshub2-uploadsprod/files/sites/2306/2020/05/13180348/Instructions-for-Submitting-Physical-Packets-20-21.pdf

Please understand that if you're going to be a part of DP Athletics you have to be committed, dedicated, disciplined, responsible, a good teammate, a good person and you definitely need to be coachable. We expect you to always be respectful towards your coaches, teammates, officials and all teachers/administrators.

Helpful Tips:

Updated: May 10, 2021

Online Athletic Clearance

- 1. Visit AthleticClearance.com
- 2. Select Florida
- 3. First Time Users:
 - Create an Account. PARENTS/GUARDIANS will register with a valid email username and password.
- 4. Return Users:
 - Enter login information and click "Sign In"
- 5. Sign In using your email address that you registered with
- 6. Select "Start Clearance Here" to start the process.
- 7. Choose:
- School Year in which the student plans to participate. *Example: Football in Sept 2021 would be the 2021-2022 School Year*.
- School at which the student attends and will compete at
- Sport/s (We recommend that if the student will be participating in multiple sports, that those sports are added all at once)
 - 8. Complete all required fields for Student Information, Parent/Guardian Information, Medical History, Signature Forms and upload a File if applicable. (If you have gone through the Athletic Clearance process before, you will select the Student and Parent/Guardian from the dropdown menu on those pages and the information will autofill)
 - 9. Once you reach the **Confirmation Message** you have completed the online registration process.
 - 10. The student is not cleared yet! This data will be electronically filed with your school's athletic department for review. When the student has been cleared for participation, an email notification will be sent.

Online Athletic Clearance FAQ

What is my Username?

Your username is the email address that you registered with.

How do I register for multiple Sports?

If you know you are going to play multiple sports when registering, it is best to add all sports on the first step where you also select the school year and school. If you are registering for additional sports after completing your initial clearance for the year, you will have to complete the process again. The good news is that if you select the student & parent/guardian info from the dropdown on those respective pages, the information will autofill.

Physicals

The physical form your school uses can be downloaded on Medical History page. Most schools will accept the physical online (done by uploading the completed form on the Files page) as well as turning in a hard copy to the athletic department.

Your Files

This area is meant to store your files so they can be accessed later in the year or perhaps years following.

Why haven't I been cleared?

Your school will review the information you have submitted before clearing you for participation. Once they review your clearance they will change the status. You will receive an email when you have been cleared for participation

My sport is not listed!

Please contact your school's athletic department and ask for your sport to be activated.

I was "Denied" clearance, now what?

You should have received an email with the reason for denial. Please update your clearance accordingly then contact your school's athletic department and ask them to review your information again.

ECG/EKG Requirements

DP Coaches, Parents and Players

Parents need to sign up for their student-athletes for an ECG appointment in the gym on June 14th, 9am – 11am. This is required before they step foot on any playing surface for conditioning, tryouts and/or any other sporting events next school year. This is in addition to completing an annual sport physical which can be done at our Partners in ED, Paramount Urgent Care on Turkey Lake Rd.

https://whoweplayfor.as.me/drphillipshs

ECG Required for Athletic participation 2021-22

School Board members approved high schools to require electrocardiogram (ECG) screenings for students wishing to participate in athletic programs. Electrocardiogram (ECG) screenings help identify athletes who are at risk for sudden cardiac arrest which is the leading cause of death in athletics. ECGs will be required of all high school student-athletes prior to the start of their 2021-2022 FHSAA season. Through local medical providers and organizations, ECGs will be offered on high school campuses.

All 2021-22 Dr. Phillips HS Student-Athletes required ECG required certification - We will be hosting an ECG testing event on June 14th in our gym starting at 9am - 11am. All must sign up prior to this event at https://whoweplayfor.as.me/drphillipshs Again this is requirement for all 2021-22 OCPS Student-Athletes, they cannot participate in any athletics events until this has been completed successfully.

Contact: steven.mchale@ocps.net with any questions.