**Janell Regimbal**

**Founder/Owner: Insight to Solutions, LLC**

Prior to launching Insight to Solutions in 2021, Janell Regimbal devoted her career to the advocacy of children and strengthening families through years of dedicated nonprofit human service industry work at Lutheran Social Services of North Dakota. She was known for her skills in designing, implementing, and leading a wide variety of innovative programs statewide.

Regimbal now has a new mission, tapping her years of leadership experience to help people and organizations ignite their potential and promote their best ideas with confidence and a successful strategy. She offers project management, training, consulting services and leadership coaching. Janell is a licensed professional clinical counselor, trained mediator, and skilled trainer. She currently assists a wide variety of clients in the private and public sector.

Always one to actively volunteer to make communities better places to live and to further advocate for the wellbeing of all, Regimbal is a member of the ND Children’s Cabinet, serves as Chair of the USpireND Board, member of the Optimist Club and Chamber of Commerce. She and her husband live in Grand Forks and are proud parents of two adult kids. She loves to travel, grow flowers, have coffee with friends, pamper her golden doodle grand pups, and enjoy the beautiful landscapes wherever she may be.