

Frankfort Chamber Member Spotlight

Barre It All Fitness Center Frankfort 7950 Lincoln Hwy., Frankfort

How long has your business been open?
2 years

The primary business/service offered:
Fitness classes for women

What makes your organization special?
We started from the ground up! Our founder, Kelly Lucio, started offering group fitness classes for women at a local park in Chicago. There was a high demand for what she was offering and two months later, she opened her very own studio in the Mt. Greenwood/Beverly community. We are newer to the Frankfort area and take pride in the fact that we keep our memberships affordable for all!

Best thing you do/serve at your business:
Barre It All Fitness is not just a workout, it's a way of life. We offer a comprehensive program in order to meet all of your goals with one membership. Combining HIIT with a variety of strength exercises is the most effective, and smartest way to workout. We offer cardio, strength, barre, and yoga so one membership is all you need!

Something people don't realize about your organization: Some people don't know this is our second location and that we keep our memberships very affordable. Members can join for \$79.99 a month or purchase our class packs. We strongly believe that fitness shouldn't cost as much as a car payment. Right now we are live streaming all of our classes. We are offering two months of classes for \$102.15.

My favorite thing about being a Frankfort Chamber member is: I get to be involved in so many events!



BARRE
IT ALL FITNESS

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Submitted by Kelly Lucio, Owner