

Soul Santa Treats

Healthy Snacks



Celery Reindeer

Ingredients:

Celery stalks

Nut butter – peanut butter, almond butter

Small pretzels

Googly eyes (found in holiday sprinkles packages) or raisins

Red round candy or red fruit

Directions:

Have a grown-up help wash the celery stalks, cut off the ends, and then cut each stalk into 3-inch sections.

Fill the middle of the celery with the nut butter

Break the pretzels into pieces that look like antlers and stick them into the nut butter

Add the googly eyes

Put a red round candy or the tip of a red fruit at the bottom for a nose



Grinch Kabobs

Ingredients:

Toothpick

Mini marshmallow

Strawberries

Banana slices

Green grapes

Directions:

Have a grown-up help wash and slice the green leaves off the strawberries and slice the banana into thin pieces

Starting with the mini marshmallows put one all the way to the top of the toothpick

Then add a whole strawberry

Add a banana slice

Finish with a whole grape

Keep adding marshmallows, strawberries, bananas, and grapes until you have enough kabobs to serve family and friends.



Soul Santa's Sweet Treats

Brownies

Brownie mix – follow directions to make brownies

1 egg

Water

Cooking oil

Use a cookie sheet to spread brownie batter evenly in a shallow greased pan

Bake until brownies are firm in the middle but don't let the edges burn

Let cooked brownies cool then cut into three long strips. Cut each strip into triangles. We will use all the triangles to make the next two treats.

Reindeer Brownies

Ingredients:

Brownie triangles

Chocolate fudge icing

Googly eyes

Red round candy

Small pretzels or mini candy canes

Directions:

Put the chocolate icing on the brownie. Break the pretzels into pieces that look like antlers or use the hook parts of the candy canes. Stick pretzels or candy canes in wide part of the brownie triangle. Add the googly eyes and red candy. Repeat until you have enough to serve your guests.



Brownie Christmas Trees

Ingredients:

Brownie triangles

Red and green canned icing (find the kind with different tips so you can make designs)

Mini Peppermint candy canes

Sprinkles

Broken candy canes

Round peppermint candy

Directions:

Decorate the brownies with red and green icing

Use the bottom of the mini candy canes and stick in the bottom of Christmas tree like it is the trunk of the tree

Crush the rest of the candy canes and sprinkle on the trees along with sprinkles or any other ways you want to decorate your trees. Mix up your decorated trees.

Enjoy!