



4-H YOUTH CHOPPED!

WHAT: An event for youth to challenge their inner chef by creating flavorful food while learning about nutrition, food safety, and the process of farm-to-fork. Youth will work in teams of 3-4 to create dishes from a basket of select fresh ingredients.

WHO: AGES 11 -18

WHEN:

November 18th, 2017
11 to 3 pm

WHERE:

Thompson Family Resource Center
11370 Hupp Ave.
Warren, MI 48089

Please RSVP by Nov. 10, 2017 to 586-469-7614

4-H WALMART YOUTH VOICE: YOUTH
CHOICE PROGRAM NUTRIITON
EDUCATION PROGRAM



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ADMISSION IS
FREE!

ACTIVITES:

Chopped Challenge
Local Farm Education
Food Safety Fun
Nutrition Insight
Food Jeopardy

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AND HEALTHY
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