



# 4-H YOUTH CHOPPED!

**WHAT:** An event for youth to challenge their inner chef by creating flavorful food while learning about nutrition, food safety, and the process of farm-to-fork. Youth will work in teams of 3-4 to create dishes from a basket of select fresh ingredients.

**Who:** AGES 11 -18

**WHEN:**

November 18th, 2017  
11 to 3 pm

**WHERE:**

Thompson Family Resource Center  
11370 Hupp Ave.  
Warren, MI 48089

Please RSVP by Nov. 10, 2017 to 586-469-7614



4-H WALMART YOUTH VOICE: YOUTH  
CHOICE PROGRAM NUTRITION  
EDUCATION PROGRAM

MICHIGAN STATE  
UNIVERSITY | Extension



Walmart Foundation



ADMISSION IS  
FREE!

ACTIVITIES:

Chopped Challenge  
Local Farm Education  
Food Safety Fun  
Nutrition Insight  
Food Jeopardy

SPONSORS

MSU Extension  
Walmart Foundation

JOIN US FOR  
LOTS OF FUN,  
LAUGHTER,  
AND HEALTHY  
LIVING!