



## **2017 S.M.O.R.E.S.**

Southern Michigan Outdoor Recreational Education Symposium

June 16-18, 2017

Camp Tuhsmeheeta, 10500 Lincoln Road NE, Greenville, Michigan

The Van Buren Voyagers 4-H Outdoor Club is pleased to sponsor the second SMORES Conference at Camp Tuhsmeheeta, Greenville, Michigan from Friday, June 16 to Sunday, June 18, 2017. This is a 4-H event open only to 4-H families, leaders, members, and chaperones. Participants may bring the entire family for the weekend, but children younger than 6 may not attend daily workshops and must be accompanied by parents at all times.

Members from Michigan 4-H clubs will participate in several workshops throughout the weekend, learning skills ranging from outdoor cooking to fishing. Attached is a list of session descriptions.

Cost: \$20 (4-H youth, chaperone, or leader)  
(Extra cost for CPR/1st Aid Training/Cert and Project FISH Leader training)  
Three meals per day are included in the price; campers may supplement meals at their own site or in the group kitchen located in White Pine Lodge

Facilities: Camp Tuhsmeheeta (Camp T) is a 301 acre facility with pine and oak forests located on Flannigan Lake at the western edge of the Morgan Mills chain of lakes. Camp T offers indoor and outdoor accommodations for participants, as well as an archery range and three-sided climbing wall. There is a swimming area at Camp T's Lake Flannigan dock. Trails wander through the woods, offering unique wilderness opportunities for exploration. Participants may choose from indoor lodge housing in a bunk setting, primitive camping, or motorhome/camper sites. Indoor restrooms and showers are available for campers. Camp Tuhsmeheeta is easy to find, being located just off US 131 at 10500 Lincoln Lake Road, NE, Greenville, Michigan, northeast of Grand Rapids.  
Coordinates: 43° 09' 33.18" N; 85° 20' 15.74" W.

Additional Equipment: Archery workshops: Bring own bow/arrows, if available  
Backpacking: Bring own backpack, if available

### **DEADLINE TO REGISTER: May 26, 2017**

For more information, contact

Denise Noble, Van Buren Voyagers Secretary

269-303-5407

nobledenise@rocketmail.com



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## 2017 SMORES Workshop Descriptions

### **Archery**

Learn hand-eye coordination with target archery.

—*Voyagers Staff*

### **Backpacking 101**

Plan equipment, food necessities, how a pack fits, and how to load for those long or short backpacking trips.

—*Alex deFinta*

### **Board Games**

Try your skills at outdoor related board games like CAMP, Cracked Egg, and Appalachian Trail.

—*Voyagers Staff*

### **Campfires**

Campfires will take place at the Jack Pine firepit.

SMORE supplies will be available on Saturday evening.

—*Voyagers Staff*

### **Capture the Flag**

If we have enough teams, we play. —*Voyagers Staff*

### **Fire and the Environment**

Learn about fire and it's how it impacts the environment. — *DNR Fire Supervisor Paul Rodgers*

### **First Aid/CPR**

Learn hands-on CPR/AED/First Aid from a certified American Heart Association Heartsaver instructor.

Certification provided. Extra \$20 each —*Gary Brown*

### **Flint Knapping**

Learn the primitive art of flint knapping arrow and spear heads. —*TBD*

### **Free Fishing – Sunday Morning**

Put to use what you've learned. Go Fishing!

**Greenland Ropes Gymnastics** — Learn the Greenland ropes to improve your kayaking balance. — *Tim Gallaway*

### **Invasive Species**

Learn all about invasive species in Michigan and explore the woods looking for these nasty invaders. *Eleanor Serocki and Drew Rayner*

### **Night Scavenger Hunt**

Time to set off for a scavenger hunt – IN THE DARK!

—*Voyagers Staff*

### **Orienteering**

Lost? Not anymore. Practice your compass skills on paper and in the woods. —*Alex deFinta*

### **Outdoor Cooking**

Learn the basic skills and equipment necessary to cook outside on backpacking trips. —*Alex deFinta*

### **Popcorn Maker**

Try your skills at making a homemade popcorn popper from soda cans. — *Voyager Staff*

### **Project F.I.S.H. – Casting Games**

Think you have great casting skills? Test your luck at these games. —*Scott Miller*

### **Project F.I.S.H. - Cleaning**

Catch a big one and want to fry it up? You'll need to know how to clean it first. —*Scott Miller*

### **Project F.I.S.H. – Popcan Casting**

Build your own fishing pole made from a simple pop can. —*Voyagers Staff*

### **Project F.I.S.H. - Fly Tying**

Experienced fly tiers will lead you through the fine details of tying fishing flies. —*Trout Unlimited & Voyagers Staff*

### **Project F.I.S.H. – Water Biology**

The pond is a universe all on its own. Discover what really lives where you swim. —*Lisa Hooper, Emmeline Towne*

### **Project F.I.S.H. – Predator/Prey Game**

Learn the basics of fish habitat and life cycles.

—*Scott Miller & Voyagers Staff*

### **Project F.I.S.H. – Adult/Teen Leader Training**

Become a certified Project F.I.S.H. leader and take home knowledge and gear to fish with youth at home.

Extra cost of \$75 per participant. *Mark Stephens*

### **Project Learning Tree**

Trees give us oxygen and life. Learn more about forestry. —*Voyagers Staff*

### **Quiz Bowl**

(CLOVER BUDS) Time to prove what you know. Take a wandering quiz bowl walk through the woods and answer questions about the wild. —*Voyagers Staff*

### **Rock Wall**

Experience the thrill of climbing Camp T's three-sided rock wall. —*Camp T Staff*

### **Swim**

Enjoy the lake – lifeguard must be present.

### **Trail Run**

For our early birds, join Kelly for a morning trail run. *Kelly Hecker*

### **Voyageur History**

Friday night, experience a presentation of history by a Voyageur re-enactor while learning about French-American fur traders on the Great Lakes. —*Wally Ewing*

### **Wilderness Survival Crash Course**

Take a crash course in wilderness survival. —*Chris Thompson and Assistants*

### **Woods Listening**

(CLOVER BUDS) When you stop to listen, the woods can be quite noisy. Spend some after lunch time listening to the woods. *Denise Noble & Voyagers Staff*

### **Woodworking**

Make and take home an animal house for your own backyard. Cloverbuds may participate. —*Josh Miller & Voyagers Staff*

### **Youth Yoga**

(CLOVER BUDS) Welcome the morning sun with yoga, a quiet way to enjoy the lake. *Kelly Hecker and Voyagers Staff*





## **2017 S.M.O.R.E.S. REGISTRATION**

Southern Michigan Outdoor Recreational Education Symposium  
June 16-18, 2017; Camp Tuhsmehta, Greenville, Michigan

### **USE ONE FORM PER PERSON REGISTERING**

#### **THE FOLLOWING FORMS MUST BE COMPLETED:**

\*Registration

\*Course Selection

\*Overnight Housing Release

\*Media/Medical Release

NAME: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Shirt Size: \_\_\_\_\_ (\$13 extra per shirt)

Are you a Certified Leader? YES NO Registered 4-H Member? YES NO

Club/Group Representing: \_\_\_\_\_

Hometown: \_\_\_\_\_

Club Chaperone (Required): \_\_\_\_\_

Facilities Requested: \_\_\_\_\_ Indoor Lodging (Requires Chaperone)  
\_\_\_\_\_ (4-H Youth and Certified 4-H Leaders Only)  
\_\_\_\_\_ Primitive Camping (Preferred)  
\_\_\_\_\_ Motorhome/Camper Site

AMOUNT DUE: \_\_\_\_\_ \$20 per Individual (4-H Youth, Leader, Chaperone)

4-H Family (List immediate family for non-lodge housing)

Includes: Name Age

Name	Age
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

\_\_\_\_\_ T-Shirt - \$13 each (DriFit Black Short Sleeve) Size(s):

\_\_\_\_\_ Project F.I.S.H. Leader Training - \$75 each

\_\_\_\_\_ CPR/First Aid - \$20 each

\_\_\_\_\_ TOTAL DUE

Make checks out to Van Buren Voyagers 4-H

Mail with paperwork to: Denise Noble, 322 E. Spruce Street, Marshall, MI 49068

**DEADLINE TO REGISTER: May 26, 2017**

## **2017 S.M.O.R.E.S. Class Selection**

June 16-18, 2017; Camp Tuhsmecheta, Greenville, Michigan

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

Indicate Class Choice Rank:  
1 is the highest. Do NOT repeat sessions.

	<b><u>INDICATE YES or NO IF YOU PLAN TO ATTEND THESE ACTIVITIES:</u></b>		
_____ <b><u>Archery</u></b>			
_____ <b><u>Backpacking 101</u></b>			
_____ <b><u>Fire and the Environment</u></b>			
_____ <b><u>First Aid/CPR</u></b> Extra \$20 each	YES	NO	Board Games
_____ <b><u>Flint Knapping</u></b>			
_____ <b><u>Greenland Ropes Gymnastics</u></b>	YES	NO	Campfire & SMORES
_____ <b><u>Invasive Species</u></b>			
_____ <b><u>Orienteering</u></b>	YES	NO	Capture the Flag
_____ <b><u>Outdoor Cooking</u></b>			
_____ <b><u>Popcorn Maker</u></b>	YES	NO	Free Fishing
_____ <b><u>Project F.I.S.H. – Casting Games</u></b>			
_____ <b><u>Project F.I.S.H. - Cleaning</u></b>	YES	NO	Night Scavenger Hunt
_____ <b><u>Project F.I.S.H. – Popcan Casting</u></b>			
_____ <b><u>Project F.I.S.H. - Fly Tying</u></b>	YES	NO	Swim
_____ <b><u>Project F.I.S.H. – Water Biology</u></b>	YES	NO	Trail Run
_____ <b><u>Project F.I.S.H. – Adult/Teen Leader Training</u></b> Extra cost of \$75 per participant.	YES	NO	Voyageur History
_____ <b><u>Project Learning Tree</u></b>			
_____ <b><u>Rock Wall</u></b>			
_____ <b><u>Wilderness Survival Crash Course</u></b>			
_____ <b><u>Woodworking</u></b>			

CLOVERBUDS (age 6-8)

Do NOT fill out this column;  
you will follow a separate track.

## GENERAL RULES – 2017 SMORES

### Participant Locations

Participants should check in at the Roth Cabin (see map) upon arrival on Friday between 5:30 p.m. and 7:30 p.m. Camping areas will be assigned in advance and emailed with registration verification. Primitive camping is preferred, but campers and motorhomes are allowed. Large motorhomes/campers MUST park near the parking lot area ONLY. Plan for no electrical power or sewer.

While at Camp T, participants will wear an assigned whistle for safety purposes in the event a participant becomes lost.

If adventuring into non-public areas and/or trails, youth must sign-out and sign-in at the Roth Cabin with an adult. Youth should not leave public areas without an adult chaperone.

### Housing

Youth will stay/sleep in the housing area they signed up for at the time of sign-up. This is not a slumber party and MSU has specific rules about which youth can stay with which adult. Stay in your assigned sleeping area with the adults/chaperones with whom you registered. Only registered 4-H youth and certified 4-H leaders will be allowed to stay in indoor lodging.

Under no circumstances should adult/youth be inside housing areas of the opposite sex. Anyone found in violation will be asked to leave. The only exception is pre-registered immediate family members in camping areas.

### Swimming

There must be a lifeguard on duty at all times when youth are in the water. The schedule shows designated swimming times when the lifeguard will be on duty. No swimming is allowed/permitted outside of these time blocks.

### What to Bring

You should bring all of your normal camping gear, bug spray, rain gear, sleeping bags, flashlights, etc. Bring individual water bottles – avoid disposal water bottles; water will be available for filling bottles. Electronics will be allowed BUT use should be kept at a minimum to communicate with other campers to verify location and for photography purposes. Electronics shall not be used during workshop times except for photography.

### Workshop Attendance

Youth will be registered before adults for all workshops. Adults and 4-H leaders are encouraged to audit any session, but supplies will be distributed to adults only if all youth have received supplies first. Children younger than 6 may not attend daily workshops and must be accompanied by parents at all times. Youth under age 6 are welcome to all meals and evening activities.

### Other

Participants should follow Camp T rules regarding trail usage, fire location, use of bathroom facilities, cooking areas, etc. Counties will be assigned firepit duty.





## 4-H OVERNIGHT HOUSING PERMISSION FORM and TRIP CONSENT

I understand that my child(ren), \_\_\_\_\_, will be attending the 2017 S.M.O.R.E.S. Conference June 16-18, 2017, at Camp Tuhsmeheeta, Greenville, Michigan and that he/she may be sharing lodging with an unrelated adult chaperone (21 or older) who has been certified through the Michigan State University Extension Child Well-Being Volunteer Selection Process and with at least one other youth. By signing this form, I give permission for my child(ren) to attend this event under these lodging conditions. I also understand the Michigan 4-H Code of Conduct expectations for adults and youth attending this event.

I hereby grant permission for my child(ren), \_\_\_\_\_, to participate in the 2017 S.M.O.R.E.S. 4-H Outdoor Adventure Challenge activity. I understand this activity will be lead by 4-H leaders and/or professional presenters who have been trained in this type of outing. I understand that my child(ren) is expected to follow the rules and directions of the adult leaders in charge and I accept any risks associated with this activity. The 4-H Outdoor Adventure Challenge program is sponsored by the Michigan State University Extension's Office of 4-H Youth Development.

Name of Parent/Guardian \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_

Date: \_\_\_\_\_



## **2017 SMORES CHAPERONE INFORMATION**

Each youth participant must designate a chaperone. Chaperones must complete the Volunteer Selection Process and be same sex as members. One chaperone is needed per campsite with a ratio of one chaperone per 10 members aged 13 years and up and one chaperone per 6 members aged 12 and under in one campsite or building.

Chaperones are needed from each county for each of the lodging options where youth are staying (i.e. if youth from your county are in both tents and lodges, chaperones will need to be in both places. If youth are only in one place, chaperones from your county only need to be in one place.) Other than families staying together, chaperones can only chaperone members of the same sex in the campground and lodges.

Parents are encouraged to attend, but will be expected to stay with the family and pay the registration fee. If parents have not completed the volunteer selection process, they may act as chaperones only for their own children. Children not in their immediate family may not stay with them in their lodging. Family members too young to join 4-H will be allowed to stay with parents but will not be allowed at workshops during the day and must be accompanied by parents at all times.

Head chaperones will be responsible for the supervision of county delegation during camp, especially during free times, meals, and overnight.

### Chaperone duties:

- Help county members check in at camp office and settle in their campsite or lodge.
- Work in conjunction with camp staff and other chaperones to supervise behaviors of all participants during camp.
- Work in conjunction with camp staff to answer questions or assist participants.
- Perform bed checks each night and report to camp staff when all participants are accounted for.
- Work in conjunction with camp staff to enforce quiet hours.
- Help session coordinators with sessions.
- Help resource people ensure the camp is properly cleaned before participants leave.
- Stay at camp during the entire camp program.

Chaperone Name: \_\_\_\_\_

I will be providing coverage for the following members who will be housed at the same trailer/tent/lodge that I am staying (include name and county).

_____	_____
_____	_____
_____	_____
_____	_____

## MEDIA RELEASE/MEDICAL TREATMENT AUTHORIZATION

Event: \_\_\_\_\_  
Date: \_\_\_\_\_  
County: \_\_\_\_\_

### SECTION 1 – RELEASE FOR AUDIO, VIDEO, FILM AND PHOTOGRAPHS

Participants in events sponsored by MSU 4-H are sometimes photographed and videotaped for use in MSU 4-H promotional and educational materials.

I authorize Michigan State University to record the image and voice of the subject named below and give MSU and all persons or entities acting pursuant to MSU's permission or authority, all rights to use of these recorded images and voice. I understand that said images and/or voice will be used for educational, advertising and promotional purposes in all conventional and electronic media, including but not limited to the Internet, and any future media. I also authorize the use of any printed material in connection therewith.

I understand and agree that these images and recordings may be duplicated, distributed, with or without charge, and/or altered in any form or manner without future or further compensation or liability, in perpetuity.

Print subject's name (adult or youth) \_\_\_\_\_

Signature \_\_\_\_\_

(Parent or guardian must sign here if subject is under age 18.)

Date \_\_\_\_\_

### SECTION 2 – MEDICAL TREATMENT AUTHORIZATION

**This section must be completed and signed by a parent or guardian for all youth participants before they can participate in this program. If this form is not completed, youth participants will not be allowed to participate. Completing this section is optional but encouraged for adult participants.**

Please complete this form to give a medical facility permission to treat the participant for minor injuries or medical problems. In the event of serious injury or illness, the parent or person designated will be contacted. Treatment will proceed before contacting the parent or person designated **only if the situation is urgent and does not permit delay.**

Participant's full name \_\_\_\_\_

Birth date \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

Mailing address \_\_\_\_\_

Primary care physician's name \_\_\_\_\_

Physician's address \_\_\_\_\_

Physician's phone (\_\_\_\_\_) \_\_\_\_\_

### HEALTH INSURANCE INFORMATION:

Policy holder's name and relationship to participant \_\_\_\_\_

Policy holder's address \_\_\_\_\_

**Please attach a photocopy of both sides of your insurance card (preferred) OR complete the information requested here:**

Insurance company name and address \_\_\_\_\_

Insurance company phone number (\_\_\_\_\_) \_\_\_\_\_

All policy numbers (please identify) \_\_\_\_\_

If you have HMO insurance, please list emergency treatment authorization phone number (\_\_\_\_\_) \_\_\_\_\_

Employer's name and address \_\_\_\_\_

### INFORMATION NEEDED ABOUT PARTICIPANT:

Please check yes or no. If yes, explain below or on another sheet if you need more room.

**Yes No**

☐ ☐ Does the participant have any chronic health problem or illness? \_\_\_\_\_

☐ ☐ Does he or she have any acute illness now? \_\_\_\_\_

☐ ☐ Has the person been treated recently for some medical problem? \_\_\_\_\_

☐ ☐ List any medications he or she is now taking for treatment of any medical problem. \_\_\_\_\_

☐ ☐ Does the participant have any allergies to medication or local anesthetics? \_\_\_\_\_

☐ ☐ Does he or she have any allergies? \_\_\_\_\_

☐ ☐ Date of his or her last tetanus shot: \_\_\_\_\_

### OFFICIAL AUTHORIZATION FOLLOWS:

I (parent or legal guardian), \_\_\_\_\_ recognize that while attending this program, medical treatment on an emergency basis may be necessary for my child, and I further recognize that MSU 4-H staff may be unable to contact me for my consent for emergency medical care. I do hereby consent in advance to such emergency care, including hospital care, as may be deemed necessary under the circumstances and to assume the expenses of such care. I also authorize the medical facility to release any and all information required to complete insurance claims and also authorize insurance payment directly to the medical facility.

Signature \_\_\_\_\_

(Parent or guardian must sign here if participant is under age 18.)

Date \_\_\_\_\_

Mailing address \_\_\_\_\_

Daytime phone (\_\_\_\_\_) \_\_\_\_\_

Evening phone (\_\_\_\_\_) \_\_\_\_\_

# CAMP T SITE MAP



## Camp "T" Trails

