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WINTER 2021
Sunday, January 10 - Friday, March 25

Parent Place Schedule

For more information contact Director of Camping & Children/Family Programs
Jenny Mermelzsteyn at jenny@mbjcc.org or x210

12/14/20

MONDAY
9 Week Session

9:15 - 10 AM
Lil' Tumblers
13 - 24 Month
\$255 | Members: \$180

10 - 10:45 AM
Yoga
0 - 3 Years
With parent
\$245 | Members: \$170

10:15 - 11 AM
Tots Gymnastics
3 - 4 Years
Drop off class
\$450 | Members: \$320
Follows the Gymnastics Schedule

4 - 4:45 PM
Twinkle Toes
3 - 4 Years
Drop off class
\$245 | Members: \$170

TUESDAY
11 Week Session

3 - 3:45 PM
Mighty Mites by LOOP
3 - 4 Years
\$310 | Members: \$220

WEDNESDAY
11 Week Session

9:15 - 10 AM
Lil' Tumblers
2- 3 Years
\$310 | Members: \$220

10 - 10:45 AM
Yoga
0 - 3 Years
With parent
\$300 | Members: \$210

10:15 - 11 AM
Tots Gymnastics
3 - 4 Years
Drop off class
\$535 | Members: \$380
Follows the Gymnastics Schedule

THURSDAY
11 Week Session

10 - 10:45 AM
Art & Me
1 - 2 Years
With parent
\$310 | Members: \$220

11 - 11:45 AM
Art & Me
3 - 4 Years
With parent
\$310 | Members: \$220

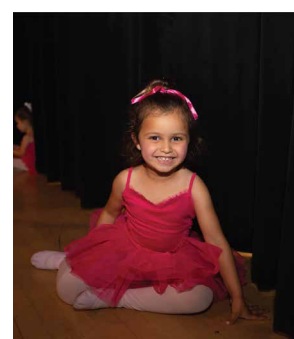
3 - 3:45 PM
Twinkle Toes
2 - 3 Years
Parents welcome
\$300 | Members: \$210

Mighty Mites by LOOP
3 - 4 Years
\$310 | Members: \$220

4 - 4:45 PM
Twinkle Toes
3 - 4 Years
Drop off class
\$300 | Members: \$210

FRIDAY
9 Week Session

9:15 - 10 AM
Lil' Tumblers
13 - 24 Month
\$255 | Members: \$180



HOLIDAY CLOSINGS
Monday, January 18 • MLK Jr. Day
Monday, February 15 • President's Day

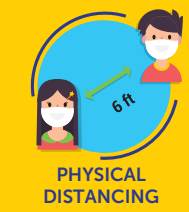
Friday, March 26 • Teacher Planning Day
Monday, March 29 • Friday, April 2: Passover Break
Thursday, April 15 • Yom Ha'atzmaut Celebration

Sunday, May 9 • Mother's Day
Monday, May 17 - Tuesday, May 18 • Shavuot
Sunday, May 30 - Monday, May 31 • Memorial Day Weekend

*Payment plans available please inquire.

IMPORTANT PARENT INFORMATION: NEW Covid-19 Safety Guidelines for youth classes at the MBJCC.

- Everyone is required to wear a face covering
- Please practice physical distancing
- Limited spaces available in all programs
- Drop off/Pick up your children by carpool only - A staff member will be available at designated program start/end times to walk your child
- No parent observation of classes, unless parent participation is required in the class
- Bring your own water bottle - Water fountains are for refill purposes only and closed for general drinking
- Daily health screenings and temperature checks - download the "LiveSafe" app to fill out the MBJCC's Digital Health Questionnaire
- Quarantine required for 14 days if traveled outside of the United States or have been exposed to COVID-19 within the last 14 days
- If your child/family is in quarantine from school or other facilities, the quarantine period also applies to the MBJCC facility - You will not be allowed to enter or attend programs.



Visit www.mbjcc.org to view our full MBJCC COVID-19 Protocols & Procedures

GYMNASTICS

LIL' TUMBLERS

PREREQUISITE: MUST BE WALKING*

This gymnastics class offers an age-appropriate introduction to gymnastics using creative expression and movement through the use of playful games and all of the gymnastics equipment with lots of parental hands-on assistance. Parental involvement provides toddlers with a comfortable environment in preparation for the transition to independent gymnastics classes. Children will bounce, swing, and roll their way through this class.

TOTS GYMNASTICS

Children are introduced to each gymnastics apparatus and taught introductory gymnastics skills and body positions that help develop coordination, balance, strength, and body awareness. Children will also learn valuable social skills, such as working with a group, waiting your turn, listening to directions, and following directions.



ART

ART & ME

Through art children can learn and explore with exciting and messy open-ended unconventional art materials. Little ones learn about colors, textures, and shapes while developing fine motor skills and expressing their creativity. Come dressed to get messy.



YOGA

YOGA



Come ready to share, sing, play, learn yoga poses and creative breathing exercises, and enjoy relaxing connecting time. YoMu is a unique experience combining yoga with the power of live music.

YoMu was created by Cynthia Zak Preuss, a certified yoga and music teacher, as well as singer, writer, songwriter and mom of three beautiful kids. Her first children's book is already on the market. Cynthia shares YoMu with kids, adults, families, babies and at schools all around Miami. For more information visit allanahatayoga.com or elmaestroestu.com.



MIGHTY MITES

MIGHTY MITES WITH LOOP

Have a blast while learning new games! Children will learn how to run, jump, kick, throw, catch, skip, and much more. This class will help build balance, strength, coordination, and focus on gross motor skills while having lots of fun.

*A parent/designated adult must remain present during each class.

DANCE

TWINKLE TOES – BALLET & JAZZ

Your child will learn the beautiful art of dancing and will be guided in a playful way to dance, move, jump and run with harmony and grace. Activities will improve gross motor skills, coordination and balance as they discover and explore the world of dance. *All students are required to wear uniforms: Pink Leotard, pink tights, pink ballet shoes, hair in a bun with a hair net.

