



## In Honor of **NATIONAL Diabetes ALERT Day 2020** **March 24<sup>th</sup>-March 26<sup>th</sup> 2020**

Methodist Le Bonheur Healthcare Diabetes and Community Outreach Program Departments, in collaboration with Church Health, Shelby County Local Health Department Q Source and Blue Care of Tennessee bring to Memphis and surrounding vicinities, it's inaugural Peer to Peer Conference of the **West Tennessee Diabetes Coalition**. Professionals can attend this **FREE interactive 3 day conference** that promotes diabetes awareness and preventive medicine, including both classroom and hands on skill building opportunities!

The conference will be open to 50 professionals on both days for the morning classroom, speaker sessions. **Introduction to Culinary Medicine** is the first in a series of curriculums, Church Health is licensed to teach through the Goldring Center for Culinary Medicine at Tulane University and will be offered in the Church Health Nutrition Hub. Participants will learn evidence- based nutrition knowledge, cause/effect between food and chronic illness, cooking skills and techniques for brief and effective nutritional interviewing and counseling. Our goal is for the medical professional to become adept at assessing their patient's nutrition needs and talking to the patient about food in a very simple, distilled manner. Introduction to Culinary Medicine will be offered on March 26<sup>th</sup> for a morning and an afternoon session. Only 1 session may be attended. Pre-sign up is required.

Sessions on days #1 and #2 are 9 a.m.-noon (Central)

Registration @ <https://www.myaadenetwork.org/e/in/eid=1491>

Culinary session on day #3 will be offered from 9-11 a.m. and 4-6 p.m. (Central)

For questions or concerns about event registration, contact [erin.fontenot@mlh.org](mailto:erin.fontenot@mlh.org).

**This continuing education activity has been submitted to the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center Commission on Accreditation**