

Home Health Aide/Nursing Assistant Training Curriculum-

SKILLS TESTS

Approaching Care for Difficult Behavior

- Demonstrate ways to Modify Behavior

Assisting with Activity and Exercise

- Body Alignment Skill-Supine Position
- Body Alignment Skill-Side Lying Position
- Passive ROM of Shoulder & Elbow
- Passive ROM of Hip, Knee & Ankle
- Application of Support Stocking
- Moving a Patient Up in Bed
- Mechanical Lifts
- Wheelchair Transfer
- Wheelchair Transport
- Two Person Wheelchair Transfer
- Ambulation
- Walking with a Cane
- Walking with a Walker

Basic Blood Pressure Measurement Training

- Blood Pressure

Basic Pulse and Respiration

- Pulse and Respiration

Basic Temperature Measurement Training

- Temperature Measurement/Electronic Thermometer
- Temperature Measurement/Non-Mercury Glass Thermometer
- Oral, Rectal, Axillary, Tympanic Temperature Measurement

Basic Weight & Height Measurement Training

- Weight Measurement
- Height Measurement
- Height Measurement/Resident Unable to Stand

Creating and Maintaining a Safe and Clean Environment

- Clear Obstructive airway
- Emergencies-Weather, Fire, Body Mechanics
- Environmental Order
- Making Bed-Unoccupied
- Transfer Belt Placement

Introduction to Home Health Aide and Nursing Assistant

- Vulnerable Adult Law
- Patient Self Determination Act

Managing Elimination of Body Waste

- Bathroom/Commode Assistance
- Bedpan Skill Checklist
- Urinal Skill Checklist
- Indwelling Catheter Care
- Emptying Drainage Bag
- Measuring Output

Meeting Special Care Requirements

- Oxygen Tubing
- Gastrostomy Tubing
- Intravenous Tubing
- Support Stockings

Preparing for the Work Environment-HHA

- Standard Pre-steps and Post-steps for most skills

Preparing for the Work Environment-LTC

- Standard Pre-steps and Post-steps for most skills

Providing Personal Care

- Bathing an Infant
- Bed Bath Skill
- Tub & Shower Skill
- Perineum Care
- Mouth Care-Conscious & Unconscious
- Denture Care
- Fingernail & Hand Care
- Foot Care
- Bed Shampoo
- Sink Shampoo
- Shaving
- Eyeglasses Skill
- Hearing Aid Care and Placement
- Dressing a Patient
- Making an Occupied Bed
- Backrub

Supporting Proper Food and Fluid Intake

- Measuring Intake
- Feed a Resident
- Gastrostomy Tubing Safety
- Intravenous Tubing Safety

Personal Care Worker Training Curriculum

SKILLS TESTS

Assisting with ADLs Activity and Exercise

- Body Alignment Skill-Supine Position
- Body Alignment Skill-Side Lying Position
- Passive ROM of Shoulder & Elbow
- Passive ROM of Hip, Knee & Ankle
- Moving a patient up in bed
- Wheelchair Transfer
- Wheelchair Transport
- Two Person Wheelchair Transfer
- Ambulation
- Walking with a Cane
- Walking with a Walker

Assisting with ADLs Bathing and Skin Care

- Bathing an Infant
- Bed Bath Skill
- Tub & Shower Skill
- Perineum Care
- Mouth Care-Conscious & Unconscious
- Denture Care
- Fingernail & Hand Care
- Foot Care
- Bed Shampoo
- Sink Shampoo
- Shaving
- Eyeglasses Skill
- Hearing Aid Care and Placement
- Dressing a Patient
- Making an Occupied Bed
- Backrub

Assisting with ADLs Elimination

- Bathroom/Commode Assistance
- Bedpan Skill Checklist
- Urinal Skill Checklist
- Indwelling Catheter Care
- Emptying Drainage Bag
- Measuring Output

Assisting with ADLs Nutrition and Diet

- Measuring Intake
- Feed a Resident

Legal Issues

- Patients' Rights
- Vulnerable Adult
- Patient Self-Determination Act

Safe and Clean Environment

- Emergencies-Weather, Fire, Body Mechanics
- Clear Obstructive airway
- Environmental Order
- Making Bed-Unoccupied
- Transfer Belt Placement

Paraprofessional Health Continuing Education

SKILL TESTS

Basic Infection Control

- Hand-washing
- Gowning, Gloving & Bagging Linen

Advanced Principles of Infection Control

- Hand-washing
- Gowning, Gloving & Bagging Linen