

## Home Health Aide/Nursing Assistant Training Curriculum-

### SKILLS TESTS

#### **Approaching Care for Difficult Behavior**

- Demonstrate ways to Modify Behavior

#### **Assisting with Activity and Exercise**

- Body Alignment Skill-Supine Position
- Body Alignment Skill-Side Lying Position
- Passive ROM of Shoulder & Elbow
- Passive ROM of Hip, Knee & Ankle
- Application of Support Stocking
- Moving a Patient Up in Bed
- Mechanical Lifts
- Wheelchair Transfer
- Wheelchair Transport
- Two Person Wheelchair Transfer
- Ambulation
- Walking with a Cane
- Walking with a Walker

#### **Basic Blood Pressure Measurement Training**

- Blood Pressure

#### **Basic Pulse and Respiration**

- Pulse and Respiration

#### **Basic Temperature Measurement Training**

- Temperature Measurement/Electronic Thermometer
- Temperature Measurement/Non-Mercury Glass Thermometer
- Oral, Rectal, Axillary, Tympanic Temperature Measurement

#### **Basic Weight & Height Measurement Training**

- Weight Measurement
- Height Measurement
- Height Measurement/Resident Unable to Stand

#### **Creating and Maintaining a Safe and Clean Environment**

- Clear Obstructive airway
- Emergencies-Weather, Fire, Body Mechanics
- Environmental Order
- Making Bed-Unoccupied
- Transfer Belt Placement

## **Introduction to Home Health Aide and Nursing Assistant**

- Vulnerable Adult Law
- Patient Self Determination Act

## **Managing Elimination of Body Waste**

- Bathroom/Commode Assistance
- Bedpan Skill Checklist
- Urinal Skill Checklist
- Indwelling Catheter Care
- Emptying Drainage Bag
- Measuring Output

## **Meeting Special Care Requirements**

- Oxygen Tubing
- Gastrostomy Tubing
- Intravenous Tubing
- Support Stockings

## **Preparing for the Work Environment-HHA**

- Standard Pre-steps and Post-steps for most skills

## **Preparing for the Work Environment-LTC**

- Standard Pre-steps and Post-steps for most skills

## **Providing Personal Care**

- Bathing an Infant
- Bed Bath Skill
- Tub & Shower Skill
- Perineum Care
- Mouth Care-Conscious & Unconscious
- Denture Care
- Fingernail & Hand Care
- Foot Care
- Bed Shampoo
- Sink Shampoo
- Shaving
- Eyeglasses Skill
- Hearing Aid Care and Placement
- Dressing a Patient
- Making an Occupied Bed
- Backrub

## **Supporting Proper Food and Fluid Intake**

- Measuring Intake
- Feed a Resident
- Gastrostomy Tubing Safety
- Intravenous Tubing Safety

## Personal Care Worker Training Curriculum

### SKILLS TESTS

#### **Assisting with ADLs Activity and Exercise**

- Body Alignment Skill-Supine Position
- Body Alignment Skill-Side Lying Position
- Passive ROM of Shoulder & Elbow
- Passive ROM of Hip, Knee & Ankle
- Moving a patient up in bed
- Wheelchair Transfer
- Wheelchair Transport
- Two Person Wheelchair Transfer
- Ambulation
- Walking with a Cane
- Walking with a Walker

#### **Assisting with ADLs Bathing and Skin Care**

- Bathing an Infant
- Bed Bath Skill
- Tub & Shower Skill
- Perineum Care
- Mouth Care-Conscious & Unconscious
- Denture Care
- Fingernail & Hand Care
- Foot Care
- Bed Shampoo
- Sink Shampoo
- Shaving
- Eyeglasses Skill
- Hearing Aid Care and Placement
- Dressing a Patient
- Making an Occupied Bed
- Backrub

#### **Assisting with ADLs Elimination**

- Bathroom/Commode Assistance
- Bedpan Skill Checklist
- Urinal Skill Checklist
- Indwelling Catheter Care
- Emptying Drainage Bag
- Measuring Output

#### **Assisting with ADLs Nutrition and Diet**

- Measuring Intake
- Feed a Resident

#### **Legal Issues**

- Patients' Rights
- Vulnerable Adult
- Patient Self-Determination Act

## **Safe and Clean Environment**

- Emergencies-Weather, Fire, Body Mechanics
- Clear Obstructive airway
- Environmental Order
- Making Bed-Unoccupied
- Transfer Belt Placement

## **Paraprofessional Health Continuing Education**

### **SKILL TESTS**

#### **Basic Infection Control**

- Hand-washing
- Gowning, Gloving & Bagging Linen

#### **Advanced Principles of Infection Control**

- Hand-washing
- Gowning, Gloving & Bagging Linen