



# DECEMBER 2025



| MONDAY                                                                         | TUESDAY                                                            | WEDNESDAY                                                                          | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | FRIDAY                                                                                                                                                             |
|--------------------------------------------------------------------------------|--------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>1</p> <p><b>Bingocize</b><br/>(Bingo + Exercise)<br/>starts at 12:30pm</p>  | <p>2</p> <p><b>Bingo</b><br/>starts at 12:30pm</p>                 | <p>3</p> <p><b>Intro to Salsa Dancing</b><br/>with Renee<br/>starts at 12:30pm</p> | <p>4</p> <p><b>Help with Your Electronics</b><br/>starts at 11:30pm</p> <p><b>Crocheting with Carol</b><br/>starts at 12:30pm<br/>\$5 to participate</p>                                                                                                                                                                                                                                                                                                                                  | <p>5</p> <p><b>Food Sampler</b><br/>with Chef Maddox<br/>starts at 1:00pm<br/>Join us for a meal demo<br/>with samples!</p>                                        |
| <p>8</p> <p><b>Bingocize</b><br/>(Bingo + Exercise)<br/>starts at 12:30pm</p>  | <p>9</p> <p><b>Bingo</b><br/>starts at 12:30pm</p>                 | <p>10</p> <p><b>Mindful Movement</b><br/>by OptWell<br/>starts at 12:30pm</p>      | <p>11</p> <p><b>Crocheting with Carol</b><br/>starts at 12:30pm<br/>\$5 to participate</p> <p><b>Nutrition Presentation</b><br/>by Alivio Medical Center<br/>starts at 12:30pm</p>                                                                                                                                                                                                                                                                                                        | <p>12</p> <p><b>Arts &amp; Crafts</b><br/>with Dorian<br/>starts at 11:30pm</p>                                                                                    |
| <p>15</p> <p><b>Bingocize</b><br/>(Bingo + Exercise)<br/>starts at 12:30pm</p> | <p>16</p> <p><b>Bingo</b><br/>starts at 12:30pm</p>                | <p>17</p> <p><b>Intro to Zumba</b><br/>starts at 11:30pm</p>                       | <p>18</p> <p><b>Crocheting with Carol</b><br/>starts at 12:30pm<br/>\$5 to participate</p>                                                                                                                                                                                                                                                                                                                                                                                                | <p>19</p> <p><b><u>HOLIDAY PARTY</u></b><br/>Tunes by Two<br/>Musical Entertainment<br/>starts at 12:30pm</p> <p>Do not forget to order lunch - \$3 per person</p> |
| <p>22</p> <p><b>Bingocize</b><br/>(Bingo + Exercise)<br/>starts at 12:30pm</p> | <p>23</p> <p><b>Holiday Themed Bingo</b><br/>starts at 12:30pm</p> | <p>24</p> <p><b>Christmas Eve</b><br/>ACC CLOSED</p>                               | <p>25</p> <p><b>MERRY CHRISTMAS</b><br/>ACC CLOSED</p>                                                                                                                                                                                                                                                                                                                                                                                                                                    | <p>26</p>                                                                                                                                                          |
| <p>29</p> <p><b>Bingocize</b><br/>(Bingo + Exercise)<br/>starts at 12:30pm</p> | <p>30</p> <p><b>Bingo</b><br/>starts at 12:30pm</p>                | <p>31</p> <p><b><u>New Year's Eve Party</u></b><br/>2026</p>                       | <p>Lunch is served everyday at 11:30AM</p> <p>To reserve a lunch, please call (708) 603-2269 48 hours in advance before 12:00PM and leave a message. The menu is subject to change.<br/>Dine-In ONLY!</p> <p>Milk, bread, coffee, soup, salad, and veggies served daily.<br/>A \$3 donation is suggested to support our programs!<br/>Other options available daily.</p> <p><u>Our Congregate Meals is served at La Bella Events:</u><br/>5412 LaGrange Rd.<br/>Countryside, IL 60525</p> |                                                                                                                                                                    |