

THRIVE WITH PRIDE



A New Community for Older Adults & Caregivers of All Stripes

AgeOptions, the Area Agency on Aging of suburban Cook County, is piloting a new program to provide safe and affirming spaces for all older adults, especially LGBT+ older adults and those who care for them.

Join a Thrive with Pride Cafe to share and receive support, learn more about benefits and services you may be eligible for and discuss topics that matter.



Meeting Online ...

AgeOptions hosts a monthly informational presentation to help improve your life - whether you're managing a chronic condition, looking to improve your financial well-being, or want to make sure you're making the most of the benefits you're eligible for. More information on the back of this page.

... And Near You:

Thrive with Pride Cafes meet regularly to foster friendships, build community and discuss current events and topics of interest. See a full list of locations on the back of this page.



Contact us for more information:

(800)699-9043
Kate.Spelman@AgeOptions.org

Connect with Experts at Our Online Events

AgeOptions hosts a monthly informational event on Zoom, featuring expert speakers presenting on a topic of interest, and a chance to ask your questions live. Upcoming topics include:

- September 28 - Making Medicare Work
- October 26 - Celebration of LGBT+ History
- November 23 - Planning Ahead to Protect Yourself and Your Assets

See our website for details on how to join our next live event on Zoom, or to view recordings of previous presentations:

www.thrivingwithpride.org



Connect with Peer Support at One of our Partner Sites

Our eight partners host follow-up discussions in safe, small groups. See our website, www.thrivingwithpride.org, for information. Contact AgeOptions for information on how and when to join, or to be matched with a cafe location that suits your interests.

- Bellwood - West Suburban Senior Services
- Brookfield - Holy Covenant Metropolitan Community Church
- Evanston - Lake Street Church
- Flossmoor - St. John the Evangelist Episcopal Church
- Hinsdale - Unitarian Church of Hinsdale
- La Grange - First Congregational Church
- South Suburbs - Howard Brown Health
- Summit - Pillar of Love Ministries



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