Chicago Methodist Senior Services

125 Years of Care

West Suburban Activity Calendar

August 2024

August 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 10:00 Exercise W/White CraneCrane 10:30 Bingo 11:30 Lunch 12:00 Bingo	**2** 10:00 Exercise 10:30 Bingo 11:30 Lunch 12:00 Bingo	**3**	**4**
5 10:00 Exercise 10:30 Advisory Council 11:30 Lunch 12:00 Pokeno	**6** 10:00 Exercise 10:30 Active Game 11:30 Lunch 12:00 Bingo	**7** 10:00 Exercise 10:30 Meditations 11:30 Lunch 12:00 Easy Listening	**8** 10:00 Exercise W/White Crane 10:30 Bingo 11:30 Lunch 12:00 Bingo	**9** 10:00 Exercise 10:15 Zumba Gold 11:00 Bingo 11:30 Lunch Resturant Day 12:00 Bingo	**10**	**11**
12 10:00 Exercise 10:30 Bellwood Library 11:30 Lunch 12:00 Pokeno	**13** 10:00 Exercise 10:30 Active Game 11:30 Lunch 12:00 Bingo	**14** 10:00 Exercise 10:30 Meditations 11:30 Lunch 12:00 Easy Listening	**15** 10:00 Exercise 10:30 Bingo 11:30 Lunch 12:00 Bingo	**16** 10:00 Exercise 10:15 Zumba Gold 11:00 Bingo 11:30 Lunch 12:00 Bingo	**17**	**18**
19 10:00 Exercise 10:30 Pokeno 11:30 Lunch 12:00 Pokeno	**20** 9:30 CDEL 10:00 Exercise 10:30 Active Game 11:30 Lunch 12:00 Bingo	**21** 10:00 Exercise 10:30 Meditations 11:30 Lunch 12:00 Easy Listening	**22** Open House 10:00 Exercise 10:30 Bingo 11:30 Lunch Pearl of Hillside 12:0 Bingo	**23** 10:00 Exercise 10:15 Zumba Gold 11:00 Bingo 11:30 Lunch 12:00 Bingo	**24**	**25**
26 10:00 Exercise 10:30 Pokeno 11:30 Lunch 12:00 Pokeno	**27** 10:00 Exercise 10:30 Active Game 11:30 Lunch 12:00 Bingo	**28** 10:00 Exercise 10:30 Meditations 11:30 Lunch 12:00 Easy Listening	**29** 10:00 Exercise 10:30 Bingo 11:30 Lunch 12:00 Bingo	**30** 10:00 Exercise 10:15 Zumba Gold 11:00 Bingo 11:30 Lunch 12:00 Bingo	**31** For more information, Contact Maggie Dodd at 708-234-1869	**Join us at** **439 Bohland Ave, Bellwood, IL** **Scheduled activities are subject to chang.**