Wellness House for LIVING with CANCER
You'll feel better inside.

wellnesshouse.org

IN OUR SKIN: LGBTQIA+ SURVIVORSHIP, SEXUALITY, AND MENTAL HEALTH AFTER CANCER





Thursday, September 25
6:30-8:00 p.m. | Online

Survivorship begins at diagnosis—so no matter where you are in your cancer experience, this session explores LGBTQIA+ survivorship through the lenses of sexual health and mental wellbeing. Together, we'll unpack changes in intimacy, body image, identity, and mental health, while highlighting affirming, community-rooted pathways to healing, pleasure, and meaning making

To register, contact Kara Niekamp at kniekamp@wellnesshouse.org or 630.654.5197.

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BENEFITS:

- Improve Communication
- Feel Understood
- Navigate Together



KARA NIEKAMP RN, BSN
Oncology Engagement and Education Coordinator

CONTACT ME
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Wellness House | Main Location
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www.wellnesshouse.org/program-list