Chicago Methodist Senior Services
125 Years

West Suburban Activity Calendar
December 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00 Exercise 10:30 Word Games 11:30 Lunch 12:00 Afternoon Movie	**3** 10:00 Exercise w/ White Crane 11:00 Bingo 11:30 Lunch 12:00 Bingo **Aging Care Connections**	**4** 10:00 Exercise 10:30 Meditations 11:30 Lunch 12:00 Sing-a-long	**5** 10:00 Exercise 10:30 Bingo 11:30 Lunch 12:00 Bingo	**6** 10:00 Exercise 10:15 Zumba Gold 11:00 Bingo 11:30 Lunch 12:00 Bingo
9 10:00 Exercise 10:30 Bellwood Library 11:30 Lunch 12:00 Easy Listening	**10** 10:00 Exercise w/White Crane 11:00 Bingo 11:30 Lunch 12:00 Bingo	**11** 10:00 Exercise 10:30 Current Events 11:30 Lunch 12:00 Trivia	**12** 10:00 Exercise 10:30 Bingo 11:30 Lunch 12:00 Bingo	**13** 10:00 Exercise 10:15 Zumba Gold 11:00 Bingo 11:30 Lunch 12:00 Bingo
16 10:00 Exercise 10:30 Spelling Bee 11:30 Lunch 12:00 Reminiscing	**17** **CDEL** 10:00 Exercise w/White Crane 11:00 Bingo 11:30 Lunch 12:00 Bingo **Aging Care Connections**	**18** 10:00 Exercise 10:30 Short Video 11:30 Lunch 12:00 Brain Games	**19** 10:00 Exercise 11:00 Bingo 11:30 Lunch w/Pearl of Hillside 12:00 Bingo	**20** **Holiday Party** **10:00 AM - 1:00 PM**
23 10:00 Exercise 10:30 Brain Games 11:30 Lunch 12:00 Comedy Hour	**24** CLOSED	**25** CLOSED	**26** 10:00 Exercise w/ White Crane 10:30 Bingo 11:30 Lunch 12:00 Bingo	**27** 10:00 Exercise 10:15 Zumba Gold 11:00 Bingo 11:30 Lunch 12:00 Bingo
30 10:00 Exercise 10:30 Word Games 11:30 Lunch 12:00 Afternoon Movie	**31** CLOSED	For more information, contact Maggie Dodd at 708-234-1869 **Join us at 439 Bohland Ave, Bellwood, IL.** *Scheduled activities are subject to change.*		