THRIVE WITH PRIDE: An Inclusive Online Café

How to be a Dementia Friend

Thrive with Pride
by AgeOptions



Are you a dementia friend? Not yet?

This presentation with Cynthia Ayala of AgeOptions will provide a brief overview of what a Dementia Friend is and how you can become one. You will learn how to effectively communicate with someone living with Alzheimer's and/or Dementia, in addition to early symptoms of Alzheimer's compared to normal signs of aging and five key take-home messages.

Dementia Friends
An Alzheimer's Society initiative

LIVE On Zoom
Tuesday, July 23
11am - Noon

Pre-registration is required for this event.
Click here to register:
https://ow.ly/VeJY50RG9gz
or email nina.orlowski@ageoptions.org

Thrive with Pride Cafes provide inclusive and affirming spaces for all older adults. Join a Thrive with Pride Cafe in your area for a follow-up discussion where you can share and receive support, learn more about local services and resources and discuss topics that matter.

For more information on this or past cafe presentations, links to recordings or to find a cafe in your area, visit www.thrivingwithpride.org

AGEOPTIONS

AgeOptions is the Area Agency on Aging of suburban Cook County. We are now proud recipients of the SAGECare platinum credential, signifying our commitment to LGBT+ inclusivity.

2023 CREDENTIAL PLATINUM
LGBTQ+ Cultural Competency Training
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