



OLDER AMERICANS MONTH CELEBRATION

Older Americans Month (OAM) is a time to recognize older Americans' contributions, highlight aging trends, and reaffirm commitments to serving older adults in our communities. This year's theme, "Champion Your Health," encourages older adults to take an active role in their health — advocating for themselves, accessing preventive care, and making informed decisions that support independence. What better way to do so than learn about the aging programs and services that already exist in your communities?

Thrive with Pride invites you to a brief overview of the **Aging Network** followed by a lightning round of **JEOPARDY!** to test your knowledge!

Date & Time

Thursday, May 21

From 12.00 – 1.00 PM

Location

Zoom

RSVP required.



CHAMPION YOUR HEALTH: MAY 2026



nina.orlowski@ageoptions.org



www.ageoptions.org
www.thrivingwithpride.org



708-383-0258
708-853-5571